Yushin-Ryu Private University

Curriculum in Body-Oriented Psychotherapeutic Movement Science

Bachelor of Science (B.Sc.) - 240 ECTS

Master of Science (M.Sc.) - 100 ECTS

Complete curriculum dossier including module, ECTS, workload, theory/practice, assessment, progression and quality-management structures.

Foundational model and system logic developed by

Prof. Dr. Frank Benjamin Weibel

Version 1.0 | As at 31 July 2026

Conceptual publication edition - subject to required academic, legal, professional and accreditation approvals.

Copyright, Authorship and Document Status

Author and developer of the foundational model: Prof. Dr. Frank Benjamin Weibel
Publisher: Yushin-Ryu Private University LLC

This dossier documents the bachelor and master degree programmes in the profile Body-Oriented Psychotherapeutic Movement Science. The core academic architecture, the four bachelor stages, the ECTS and workload logic, the assessment structure, and the quality and reuse logic are based on the foundational model developed by Prof. Dr. Frank Benjamin Weibel.

Document parameter	Binding specification
Bachelor	240 ECTS / 6,000 hours / four stages of 60 ECTS each
Master	100 ECTS / 2,500 hours / four semesters of 25 ECTS each
Bachelor theory / practice	180 ECTS / 60 ECTS = 4,500 / 1,500 hours
Master theory / practice	75 ECTS / 25 ECTS = 1,875 / 625 hours
Assessment	Written, oral and practical/research-related: 33.33% each
Pass threshold	66.67% plus component-specific progression and fail rules
Academic lead	Institute for Special Education in School Sport (7.6.0)

Legal and Status Notice

The degree programme constitutes an academic qualification and does not automatically confer a state licence to practise psychotherapy, healing or treatment. Actual diagnostic or therapeutic activities are governed by the applicable professional and regulatory law.

The award titles and delivery of the degree programme remain subject to all required institutional, programme-specific, professional-regulatory and state approvals. This dossier does not replace an accreditation decision.

Source and Version Basis

- Curriculum in Sport and Movement Sciences - three profiles, working edition Version 1.0.
- Courses and lectures of the Faculty of Sport and Movement Sciences.
- University workbook containing the ECTS, hours and academic-unit structure.
- Yushin-Ryu grade framework with equal written, oral and practical weighting.
- Binding specifications from the joint curriculum-development process up to 31 July 2026.

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Document Depth

Each module is documented on a dedicated page, including ECTS, workload, theory/practice allocation, course units, learning outcomes, teaching and learning methods, assessment logic, student support, quality management, and links to Learning Objects and teaching videos. The level of detail is at least equivalent to the Mathematics dossier.

1. Profile, Study Framework and Progression Architecture

Subject profile: body-mind relationships, neurodevelopment, movement, communication and interdisciplinary support.

The curriculum follows a coherent modular architecture. The four bachelor stages of 60 ECTS each support controlled and traceable competency development; the master programme advances students towards independent academic, professional and research practice.

Study phase	ECTS	Workload	Theory	Practice / research
Bachelor Stage 1	60	1,500 hours	45 ECTS / 1,125 hours	15 ECTS / 375 hours
Bachelor Stage 2	60	1,500 hours	45 ECTS / 1,125 hours	15 ECTS / 375 hours
Bachelor Stage 3	60	1,500 hours	45 ECTS / 1,125 hours	15 ECTS / 375 hours
Bachelor Stage 4	60	1,500 hours	45 ECTS / 1,125 hours	15 ECTS / 375 hours
Master total	100	2,500 hours	75 ECTS / 1,875 hours	25 ECTS / 625 hours
Total through master	340	8,500 hours	255 ECTS / 6,375 hours	85 ECTS / 2,125 hours

Didactic Progression

- Stage 1: understand foundations, apply them safely and document work accurately.
- Stage 2: establish relationships, select methods on a reasoned basis and guide learning processes.
- Stage 3: independently address complex cases, movements, teaching situations or research questions.
- Stage 4: integrate, evaluate, assume responsibility, conduct research and defend results.
- Master: deepen, synthesise, develop independently, evaluate and publish.

Binding Assessment Logic

Written, oral and practical or research-related performance is weighted equally. A module is passed only when the overall result is at least 66.67% and at least two performance components have each been passed independently and demonstrate secure subject competence.

Module Scope

This dossier documents 32 bachelor modules and 8 master modules. Each module is described independently. Cross-programme overlaps will be consolidated only in a subsequent comparative and Learning Object phase.

2. Subject Profile and Professional Scope

Body-oriented psychotherapeutic movement science integrates perspectives from movement science, sports medicine, psychology, education and communication. The degree programme provides rigorous academic and interdisciplinary qualification without pre-empting legally protected professional rights.

Level	Within the curriculum	Professional boundary
Science	Body-mind relationships, embodiment, neurodevelopment, movement assessment and evaluation	No automatic licence to practise psychotherapy or healing
Application	Observation, movement promotion, simulation-based case work and communication	Actual diagnosis and treatment only under the applicable professional law
Cooperation	Interprofessional collaboration with medicine, psychology, education and therapy	Clear competency boundaries, referral and documentation
Research	Evidence, effectiveness evaluation, research design and interdisciplinary synthesis	Binding ethics, data protection and academic integrity

Safety and Quality Principles

- Observation and interpretation are methodologically separated.
- Warning signs, crisis indicators and competency boundaries are explicitly documented.
- Case work is controlled, fictional, simulation-based or undertaken in legally permissible practice formats.
- Interventions are planned and evaluated with reference to goals, risks and progress.
- Individual learning development is supported through tutorials, feedback, development pathways and quality management.

Profile-Specific Academic Objective

Graduates should be able to analyse complex bodily, movement, perceptual and regulatory processes scientifically; communicate across disciplines; justify movement-based support approaches; and critically evaluate their effects.

SBW-B101 - Anatomy and Functional Anatomy

Bachelor Stage 1 - Interdisciplinary Foundations

Parameter	Specification	Parameter	Specification
Study phase	Bachelor Stage 1	ECTS / workload	10 ECTS / 250 hours
Theory	8 ECTS / 200 hours	Practice / research	2 ECTS / 50 hours
Module status	Compulsory or profile-specific core module	Version	1.0 / As at 31 July 2026

Module Profile

The skeleton, joints, muscles, tendons, ligaments, nerves and functional movement chains.

Teaching and Course Units

Course unit	ECTS	Weight
skeleton and joints	2.5	25%
Muscles	2.5	25%
tendons and ligaments	2.5	25%
nerves and functional movement chains	2.5	25%

Learning Outcomes

- Explain the core concepts, models and relationships of the module "Anatomy and Functional Anatomy" accurately and in appropriate academic language.
- Analyse and apply skeleton and joints and muscles in a structured manner.
- Transfer tendons and ligaments to movement-, teaching-, health- or research-related situations.
- Justify results in written, oral and practical or project-based formats.
- Identify and document sources of error, limitations, safety considerations and quality requirements.

Teaching, Learning and Student-Support Methods

Teaching videos and digital Learning Objects; seminars and tutorials; exercises, case studies or movement analysis; guided practice or project work; independent study; formative feedback and targeted development pathways.

Assessment and Grading

Performance component	Weight	Typical evidence
Written	33.33%	Written examination, paper, research report, portfolio or academic documentation
Oral	33.33%	Oral examination, presentation, colloquium, teaching demonstration or defence
Practical / research-related	33.33%	Demonstration, video analysis, project, simulation, data analysis or methodological implementation

Pass requirement: at least 66.67% overall; at least two components must each be passed independently and demonstrate secure subject competence. Pure compensation through averaging is excluded.

Quality Management, Learning Development and Digital Delivery

- Performance data are retained at course-unit and assessment-component level.
- Individual learning difficulties trigger tutorials, feedback, reassessment or targeted development measures.
- Group-level patterns trigger review of didactics, methodology, assessment and Learning Objects.
- Teaching videos are version-controlled; only affected content, translations and assessments are updated.

SBW-B102 - Physiology and Exercise Physiology I

Bachelor Stage 1 - Interdisciplinary Foundations

Parameter	Specification	Parameter	Specification
Study phase	Bachelor Stage 1	ECTS / workload	8 ECTS / 200 hours
Theory	6.5 ECTS / 162.5 hours	Practice / research	1.5 ECTS / 37.5 hours
Module status	Compulsory or profile-specific core module	Version	1.0 / As at 31 July 2026

Module Profile

Cardiorespiratory function, metabolism, homeostasis, physical load and recovery.

Teaching and Course Units

Course unit	ECTS	Weight
cardiorespiratory function	2	25%
Metabolism	2	25%
Homeostasis	2	25%
physical load and recovery	2	25%

Learning Outcomes

- Explain the core concepts, models and relationships of the module "Physiology and Exercise Physiology I" accurately and in appropriate academic language.
- Analyse and apply cardiorespiratory function and metabolism in a structured manner.
- Transfer homeostasis to movement-, teaching-, health- or research-related situations.
- Justify results in written, oral and practical or project-based formats.
- Identify and document sources of error, limitations, safety considerations and quality requirements.

Teaching, Learning and Student-Support Methods

Teaching videos and digital Learning Objects; seminars and tutorials; exercises, case studies or movement analysis; guided practice or project work; independent study; formative feedback and targeted development pathways.

Assessment and Grading

Performance component	Weight	Typical evidence
Written	33.33%	Written examination, paper, research report, portfolio or academic documentation
Oral	33.33%	Oral examination, presentation, colloquium, teaching demonstration or defence
Practical / research-related	33.33%	Demonstration, video analysis, project, simulation, data analysis or methodological implementation

Pass requirement: at least 66.67% overall; at least two components must each be passed independently and demonstrate secure subject competence. Pure compensation through averaging is excluded.

Quality Management, Learning Development and Digital Delivery

- Performance data are retained at course-unit and assessment-component level.
- Individual learning difficulties trigger tutorials, feedback, reassessment or targeted development measures.
- Group-level patterns trigger review of didactics, methodology, assessment and Learning Objects.
- Teaching videos are version-controlled; only affected content, translations and assessments are updated.

SBW-B103 - Movement Science and Motor Function I

Bachelor Stage 1 - Interdisciplinary Foundations

Parameter	Specification	Parameter	Specification
Study phase	Bachelor Stage 1	ECTS / workload	8 ECTS / 200 hours
Theory	5.5 ECTS / 137.5 hours	Practice / research	2.5 ECTS / 62.5 hours
Module status	Compulsory or profile-specific core module	Version	1.0 / As at 31 July 2026

Module Profile

Motor development, coordination, movement control and movement observation.

Teaching and Course Units

Course unit	ECTS	Weight
Motor development	2	25%
Coordination	2	25%
movement control and movement observation	2	25%
Application and disciplinary transfer	2	25%

Learning Outcomes

- Explain the core concepts, models and relationships of the module "Movement Science and Motor Function I" accurately and in appropriate academic language.
- Analyse and apply motor development and coordination in a structured manner.
- Transfer movement control and movement observation to movement-, teaching-, health- or research-related situations.
- Justify results in written, oral and practical or project-based formats.
- Identify and document sources of error, limitations, safety considerations and quality requirements.

Teaching, Learning and Student-Support Methods

Teaching videos and digital Learning Objects; seminars and tutorials; exercises, case studies or movement analysis; guided practice or project work; independent study; formative feedback and targeted development pathways.

Assessment and Grading

Performance component	Weight	Typical evidence
Written	33.33%	Written examination, paper, research report, portfolio or academic documentation
Oral	33.33%	Oral examination, presentation, colloquium, teaching demonstration or defence
Practical / research-related	33.33%	Demonstration, video analysis, project, simulation, data analysis or methodological implementation

Pass requirement: at least 66.67% overall; at least two components must each be passed independently and demonstrate secure subject competence. Pure compensation through averaging is excluded.

Quality Management, Learning Development and Digital Delivery

- Performance data are retained at course-unit and assessment-component level.
- Individual learning difficulties trigger tutorials, feedback, reassessment or targeted development measures.
- Group-level patterns trigger review of didactics, methodology, assessment and Learning Objects.
- Teaching videos are version-controlled; only affected content, translations and assessments are updated.

SBW-B104 - Biomechanics and the Physics of Movement I

Bachelor Stage 1 - Interdisciplinary Foundations

Parameter	Specification	Parameter	Specification
Study phase	Bachelor Stage 1	ECTS / workload	8 ECTS / 200 hours
Theory	5.5 ECTS / 137.5 hours	Practice / research	2.5 ECTS / 62.5 hours
Module status	Compulsory or profile-specific core module	Version	1.0 / As at 31 July 2026

Module Profile

Force, levers, momentum, rotation, balance, and striking, kicking and throwing movements.

Teaching and Course Units

Course unit	ECTS	Weight
Force and levers	2	25%
Momentum and rotation	2	25%
balance and striking movements	2	25%
kicking and throwing movements	2	25%

Learning Outcomes

- Explain the core concepts, models and relationships of the module "Biomechanics and the Physics of Movement I" accurately and in appropriate academic language.
- Analyse and apply force and levers and momentum and rotation in a structured manner.
- Transfer balance and striking movements to movement-, teaching-, health- or research-related situations.
- Justify results in written, oral and practical or project-based formats.
- Identify and document sources of error, limitations, safety considerations and quality requirements.

Teaching, Learning and Student-Support Methods

Teaching videos and digital Learning Objects; seminars and tutorials; exercises, case studies or movement analysis; guided practice or project work; independent study; formative feedback and targeted development pathways.

Assessment and Grading

Performance component	Weight	Typical evidence
Written	33.33%	Written examination, paper, research report, portfolio or academic documentation
Oral	33.33%	Oral examination, presentation, colloquium, teaching demonstration or defence
Practical / research-related	33.33%	Demonstration, video analysis, project, simulation, data analysis or methodological implementation

Pass requirement: at least 66.67% overall; at least two components must each be passed independently and demonstrate secure subject competence. Pure compensation through averaging is excluded.

Quality Management, Learning Development and Digital Delivery

- Performance data are retained at course-unit and assessment-component level.
- Individual learning difficulties trigger tutorials, feedback, reassessment or targeted development measures.
- Group-level patterns trigger review of didactics, methodology, assessment and Learning Objects.
- Teaching videos are version-controlled; only affected content, translations and assessments are updated.

SBW-B105 - Training Science I

Bachelor Stage 1 - Interdisciplinary Foundations

Parameter	Specification	Parameter	Specification
Study phase	Bachelor Stage 1	ECTS / workload	6 ECTS / 150 hours
Theory	4 ECTS / 100 hours	Practice / research	2 ECTS / 50 hours
Module status	Compulsory or profile-specific core module	Version	1.0 / As at 31 July 2026

Module Profile

Training-load parameters, adaptation, warm-up, stretching and fundamental training planning.

Teaching and Course Units

Course unit	ECTS	Weight
Belastungsnormative	1.5	25%
Adaptation	1.5	25%
Warm-up	1.5	25%
stretching and fundamental training planning	1.5	25%

Learning Outcomes

- Explain the core concepts, models and relationships of the module "Training Science I" accurately and in appropriate academic language.
- Analyse and apply belastungsnormative and adaptation in a structured manner.
- Transfer warm-up to movement-, teaching-, health- or research-related situations.
- Justify results in written, oral and practical or project-based formats.
- Identify and document sources of error, limitations, safety considerations and quality requirements.

Teaching, Learning and Student-Support Methods

Teaching videos and digital Learning Objects; seminars and tutorials; exercises, case studies or movement analysis; guided practice or project work; independent study; formative feedback and targeted development pathways.

Assessment and Grading

Performance component	Weight	Typical evidence
Written	33.33%	Written examination, paper, research report, portfolio or academic documentation
Oral	33.33%	Oral examination, presentation, colloquium, teaching demonstration or defence
Practical / research-related	33.33%	Demonstration, video analysis, project, simulation, data analysis or methodological implementation

Pass requirement: at least 66.67% overall; at least two components must each be passed independently and demonstrate secure subject competence. Pure compensation through averaging is excluded.

Quality Management, Learning Development and Digital Delivery

- Performance data are retained at course-unit and assessment-component level.
- Individual learning difficulties trigger tutorials, feedback, reassessment or targeted development measures.
- Group-level patterns trigger review of didactics, methodology, assessment and Learning Objects.
- Teaching videos are version-controlled; only affected content, translations and assessments are updated.

SBW-B106 - Psychology, Development and Learning

Bachelor Stage 1 - Interdisciplinary Foundations

Parameter	Specification	Parameter	Specification
Study phase	Bachelor Stage 1	ECTS / workload	6 ECTS / 150 hours
Theory	5 ECTS / 125 hours	Practice / research	1 ECTS / 25 hours
Module status	Compulsory or profile-specific core module	Version	1.0 / As at 31 July 2026

Module Profile

General, developmental, learning and social psychology in movement and sport contexts.

Teaching and Course Units

Course unit	ECTS	Weight
Allgemeine	1.5	25%
Entwicklungs-	1.5	25%
learning and social psychology in movement and sport contexts	1.5	25%
Application and disciplinary transfer	1.5	25%

Learning Outcomes

- Explain the core concepts, models and relationships of the module "Psychology, Development and Learning" accurately and in appropriate academic language.
- Analyse and apply allgemeine and entwicklungs- in a structured manner.
- Transfer learning and social psychology in movement and sport contexts to movement-, teaching-, health- or research-related situations.
- Justify results in written, oral and practical or project-based formats.
- Identify and document sources of error, limitations, safety considerations and quality requirements.

Teaching, Learning and Student-Support Methods

Teaching videos and digital Learning Objects; seminars and tutorials; exercises, case studies or movement analysis; guided practice or project work; independent study; formative feedback and targeted development pathways.

Assessment and Grading

Performance component	Weight	Typical evidence
Written	33.33%	Written examination, paper, research report, portfolio or academic documentation
Oral	33.33%	Oral examination, presentation, colloquium, teaching demonstration or defence
Practical / research-related	33.33%	Demonstration, video analysis, project, simulation, data analysis or methodological implementation

Pass requirement: at least 66.67% overall; at least two components must each be passed independently and demonstrate secure subject competence. Pure compensation through averaging is excluded.

Quality Management, Learning Development and Digital Delivery

- Performance data are retained at course-unit and assessment-component level.
- Individual learning difficulties trigger tutorials, feedback, reassessment or targeted development measures.
- Group-level patterns trigger review of didactics, methodology, assessment and Learning Objects.
- Teaching videos are version-controlled; only affected content, translations and assessments are updated.

SBW-B107 - Communication and Resource-Oriented Flow Communication I

Bachelor Stage 1 - Interdisciplinary Foundations

Parameter	Specification	Parameter	Specification
Study phase	Bachelor Stage 1	ECTS / workload	6 ECTS / 150 hours
Theory	5 ECTS / 125 hours	Practice / research	1 ECTS / 25 hours
Module status	Compulsory or profile-specific core module	Version	1.0 / As at 31 July 2026

Module Profile

Verbal and non-verbal communication, relationships, presence, perception and feedback.

Teaching and Course Units

Course unit	ECTS	Weight
verbal and non-verbal communication	1.5	25%
Beziehung	1.5	25%
Presence	1.5	25%
perception and feedback	1.5	25%

Learning Outcomes

- Explain the core concepts, models and relationships of the module "Communication and Resource-Oriented Flow Communication I" accurately and in appropriate academic language.
- Analyse and apply verbal and non-verbal communication and beziehung in a structured manner.
- Transfer presence to movement-, teaching-, health- or research-related situations.
- Justify results in written, oral and practical or project-based formats.
- Identify and document sources of error, limitations, safety considerations and quality requirements.

Teaching, Learning and Student-Support Methods

Teaching videos and digital Learning Objects; seminars and tutorials; exercises, case studies or movement analysis; guided practice or project work; independent study; formative feedback and targeted development pathways.

Assessment and Grading

Performance component	Weight	Typical evidence
Written	33.33%	Written examination, paper, research report, portfolio or academic documentation
Oral	33.33%	Oral examination, presentation, colloquium, teaching demonstration or defence
Practical / research-related	33.33%	Demonstration, video analysis, project, simulation, data analysis or methodological implementation

Pass requirement: at least 66.67% overall; at least two components must each be passed independently and demonstrate secure subject competence. Pure compensation through averaging is excluded.

Quality Management, Learning Development and Digital Delivery

- Performance data are retained at course-unit and assessment-component level.
- Individual learning difficulties trigger tutorials, feedback, reassessment or targeted development measures.
- Group-level patterns trigger review of didactics, methodology, assessment and Learning Objects.
- Teaching videos are version-controlled; only affected content, translations and assessments are updated.

SBW-B108 - Academic Work and Evidence I

Bachelor Stage 1 - Interdisciplinary Foundations

Parameter	Specification	Parameter	Specification
Study phase	Bachelor Stage 1	ECTS / workload	4 ECTS / 100 hours
Theory	3.5 ECTS / 87.5 hours	Practice / research	0.5 ECTS / 12.5 hours
Module status	Compulsory or profile-specific core module	Version	1.0 / As at 31 July 2026

Module Profile

Literature work, research questions, study logic, documentation and academic integrity.

Teaching and Course Units

Course unit	ECTS	Weight
Literature work	1	25%
Questions	1	25%
Study logic	1	25%
documentation and academic integrity	1	25%

Learning Outcomes

- Explain the core concepts, models and relationships of the module "Academic Work and Evidence I" accurately and in appropriate academic language.
- Analyse and apply literature work and questions in a structured manner.
- Transfer study logic to movement-, teaching-, health- or research-related situations.
- Justify results in written, oral and practical or project-based formats.
- Identify and document sources of error, limitations, safety considerations and quality requirements.

Teaching, Learning and Student-Support Methods

Teaching videos and digital Learning Objects; seminars and tutorials; exercises, case studies or movement analysis; guided practice or project work; independent study; formative feedback and targeted development pathways.

Assessment and Grading

Performance component	Weight	Typical evidence
Written	33.33%	Written examination, paper, research report, portfolio or academic documentation
Oral	33.33%	Oral examination, presentation, colloquium, teaching demonstration or defence
Practical / research-related	33.33%	Demonstration, video analysis, project, simulation, data analysis or methodological implementation

Pass requirement: at least 66.67% overall; at least two components must each be passed independently and demonstrate secure subject competence. Pure compensation through averaging is excluded.

Quality Management, Learning Development and Digital Delivery

- Performance data are retained at course-unit and assessment-component level.
- Individual learning difficulties trigger tutorials, feedback, reassessment or targeted development measures.
- Group-level patterns trigger review of didactics, methodology, assessment and Learning Objects.
- Teaching videos are version-controlled; only affected content, translations and assessments are updated.

SBW-B109 - First Aid, Safety and Accident Prevention I

Bachelor Stage 1 - Interdisciplinary Foundations

Parameter	Specification	Parameter	Specification
Study phase	Bachelor Stage 1	ECTS / workload	4 ECTS / 100 hours
Theory	2 ECTS / 50 hours	Practice / research	2 ECTS / 50 hours
Module status	Compulsory or profile-specific core module	Version	1.0 / As at 31 July 2026

Module Profile

Hazard analysis, prevention, emergency fundamentals and safe learning and training environments.

Teaching and Course Units

Course unit	ECTS	Weight
Hazard analysis	1	25%
Prevention	1	25%
emergency fundamentals and safe learning and training environments	1	25%
Application and disciplinary transfer	1	25%

Learning Outcomes

- Explain the core concepts, models and relationships of the module "First Aid, Safety and Accident Prevention I" accurately and in appropriate academic language.
- Analyse and apply hazard analysis and prevention in a structured manner.
- Transfer emergency fundamentals and safe learning and training environments to movement-, teaching-, health- or research-related situations.
- Justify results in written, oral and practical or project-based formats.
- Identify and document sources of error, limitations, safety considerations and quality requirements.

Teaching, Learning and Student-Support Methods

Teaching videos and digital Learning Objects; seminars and tutorials; exercises, case studies or movement analysis; guided practice or project work; independent study; formative feedback and targeted development pathways.

Assessment and Grading

Performance component	Weight	Typical evidence
Written	33.33%	Written examination, paper, research report, portfolio or academic documentation
Oral	33.33%	Oral examination, presentation, colloquium, teaching demonstration or defence
Practical / research-related	33.33%	Demonstration, video analysis, project, simulation, data analysis or methodological implementation

Pass requirement: at least 66.67% overall; at least two components must each be passed independently and demonstrate secure subject competence. Pure compensation through averaging is excluded.

Quality Management, Learning Development and Digital Delivery

- Performance data are retained at course-unit and assessment-component level.
- Individual learning difficulties trigger tutorials, feedback, reassessment or targeted development measures.
- Group-level patterns trigger review of didactics, methodology, assessment and Learning Objects.
- Teaching videos are version-controlled; only affected content, translations and assessments are updated.

SBW-B201 - Sports Medicine, Physiology II and Performance Diagnostics

Bachelor Stage 2 - Mechanisms, Education and Prevention

Parameter	Specification	Parameter	Specification
Study phase	Bachelor Stage 2	ECTS / workload	10 ECTS / 250 hours
Theory	8 ECTS / 200 hours	Practice / research	2 ECTS / 50 hours
Module status	Compulsory or profile-specific core module	Version	1.0 / As at 31 July 2026

Module Profile

Responses to physical load, functional diagnostics, overuse, injury mechanisms and recovery.

Teaching and Course Units

Course unit	ECTS	Weight
Responses to physical load	2.5	25%
Functional diagnostics	2.5	25%
Overuse	2.5	25%
injury mechanisms and recovery	2.5	25%

Learning Outcomes

- Explain the core concepts, models and relationships of the module "Sports Medicine, Physiology II and Performance Diagnostics" accurately and in appropriate academic language.
- Analyse and apply responses to physical load and functional diagnostics in a structured manner.
- Transfer overuse to movement-, teaching-, health- or research-related situations.
- Justify results in written, oral and practical or project-based formats.
- Identify and document sources of error, limitations, safety considerations and quality requirements.

Teaching, Learning and Student-Support Methods

Teaching videos and digital Learning Objects; seminars and tutorials; exercises, case studies or movement analysis; guided practice or project work; independent study; formative feedback and targeted development pathways.

Assessment and Grading

Performance component	Weight	Typical evidence
Written	33.33%	Written examination, paper, research report, portfolio or academic documentation
Oral	33.33%	Oral examination, presentation, colloquium, teaching demonstration or defence
Practical / research-related	33.33%	Demonstration, video analysis, project, simulation, data analysis or methodological implementation

Pass requirement: at least 66.67% overall; at least two components must each be passed independently and demonstrate secure subject competence. Pure compensation through averaging is excluded.

Quality Management, Learning Development and Digital Delivery

- Performance data are retained at course-unit and assessment-component level.
- Individual learning difficulties trigger tutorials, feedback, reassessment or targeted development measures.
- Group-level patterns trigger review of didactics, methodology, assessment and Learning Objects.
- Teaching videos are version-controlled; only affected content, translations and assessments are updated.

SBW-B202 - Motor Learning, Neurobiology and Psychomotor Function

Bachelor Stage 2 - Mechanisms, Education and Prevention

Parameter	Specification	Parameter	Specification
Study phase	Bachelor Stage 2	ECTS / workload	8 ECTS / 200 hours
Theory	6 ECTS / 150 hours	Practice / research	2 ECTS / 50 hours
Module status	Compulsory or profile-specific core module	Version	1.0 / As at 31 July 2026

Module Profile

Sensory systems, motor function, neural regulation, body awareness and motor development trajectories.

Teaching and Course Units

Course unit	ECTS	Weight
Sensory systems	2	25%
Motor function	2	25%
Neural regulation	2	25%
body awareness and motor development trajectories	2	25%

Learning Outcomes

- Explain the core concepts, models and relationships of the module "Motor Learning, Neurobiology and Psychomotor Function" accurately and in appropriate academic language.
- Analyse and apply sensory systems and motor function in a structured manner.
- Transfer neural regulation to movement-, teaching-, health- or research-related situations.
- Justify results in written, oral and practical or project-based formats.
- Identify and document sources of error, limitations, safety considerations and quality requirements.

Teaching, Learning and Student-Support Methods

Teaching videos and digital Learning Objects; seminars and tutorials; exercises, case studies or movement analysis; guided practice or project work; independent study; formative feedback and targeted development pathways.

Assessment and Grading

Performance component	Weight	Typical evidence
Written	33.33%	Written examination, paper, research report, portfolio or academic documentation
Oral	33.33%	Oral examination, presentation, colloquium, teaching demonstration or defence
Practical / research-related	33.33%	Demonstration, video analysis, project, simulation, data analysis or methodological implementation

Pass requirement: at least 66.67% overall; at least two components must each be passed independently and demonstrate secure subject competence. Pure compensation through averaging is excluded.

Quality Management, Learning Development and Digital Delivery

- Performance data are retained at course-unit and assessment-component level.
- Individual learning difficulties trigger tutorials, feedback, reassessment or targeted development measures.
- Group-level patterns trigger review of didactics, methodology, assessment and Learning Objects.
- Teaching videos are version-controlled; only affected content, translations and assessments are updated.

SBW-B203 - Training Science II

Bachelor Stage 2 - Mechanisms, Education and Prevention

Parameter	Specification	Parameter	Specification
Study phase	Bachelor Stage 2	ECTS / workload	8 ECTS / 200 hours
Theory	5.5 ECTS / 137.5 hours	Practice / research	2.5 ECTS / 62.5 hours
Module status	Compulsory or profile-specific core module	Version	1.0 / As at 31 July 2026

Module Profile

Short-, medium- and long-term planning, resource orientation and target-group-specific regulation.

Teaching and Course Units

Course unit	ECTS	Weight
Kurz-	2	25%
Mittel- and long-term Planung	2	25%
Resource orientation and zielgruppengerechte Steuerung	2	25%
Application and disciplinary transfer	2	25%

Learning Outcomes

- Explain the core concepts, models and relationships of the module "Training Science II" accurately and in appropriate academic language.
- Analyse and apply kurz- and mittel- and long-term planung in a structured manner.
- Transfer resource orientation and zielgruppengerechte steuerung to movement-, teaching-, health- or research-related situations.
- Justify results in written, oral and practical or project-based formats.
- Identify and document sources of error, limitations, safety considerations and quality requirements.

Teaching, Learning and Student-Support Methods

Teaching videos and digital Learning Objects; seminars and tutorials; exercises, case studies or movement analysis; guided practice or project work; independent study; formative feedback and targeted development pathways.

Assessment and Grading

Performance component	Weight	Typical evidence
Written	33.33%	Written examination, paper, research report, portfolio or academic documentation
Oral	33.33%	Oral examination, presentation, colloquium, teaching demonstration or defence
Practical / research-related	33.33%	Demonstration, video analysis, project, simulation, data analysis or methodological implementation

Pass requirement: at least 66.67% overall; at least two components must each be passed independently and demonstrate secure subject competence. Pure compensation through averaging is excluded.

Quality Management, Learning Development and Digital Delivery

- Performance data are retained at course-unit and assessment-component level.
- Individual learning difficulties trigger tutorials, feedback, reassessment or targeted development measures.
- Group-level patterns trigger review of didactics, methodology, assessment and Learning Objects.
- Teaching videos are version-controlled; only affected content, translations and assessments are updated.

SBW-B204 - Sport Psychology and Mental Regulation

Bachelor Stage 2 - Mechanisms, Education and Prevention

Parameter	Specification	Parameter	Specification
Study phase	Bachelor Stage 2	ECTS / workload	8 ECTS / 200 hours
Theory	6.5 ECTS / 162.5 hours	Practice / research	1.5 ECTS / 37.5 hours
Module status	Compulsory or profile-specific core module	Version	1.0 / As at 31 July 2026

Module Profile

Motivation, emotion, attention, stress, self-regulation and performance psychology.

Teaching and Course Units

Course unit	ECTS	Weight
Motivation and Emotion	2	25%
Attention	2	25%
Stress	2	25%
Self-regulation and Leistungspsychologie	2	25%

Learning Outcomes

- Explain the core concepts, models and relationships of the module "Sport Psychology and Mental Regulation" accurately and in appropriate academic language.
- Analyse and apply motivation and emotion and attention in a structured manner.
- Transfer stress to movement-, teaching-, health- or research-related situations.
- Justify results in written, oral and practical or project-based formats.
- Identify and document sources of error, limitations, safety considerations and quality requirements.

Teaching, Learning and Student-Support Methods

Teaching videos and digital Learning Objects; seminars and tutorials; exercises, case studies or movement analysis; guided practice or project work; independent study; formative feedback and targeted development pathways.

Assessment and Grading

Performance component	Weight	Typical evidence
Written	33.33%	Written examination, paper, research report, portfolio or academic documentation
Oral	33.33%	Oral examination, presentation, colloquium, teaching demonstration or defence
Practical / research-related	33.33%	Demonstration, video analysis, project, simulation, data analysis or methodological implementation

Pass requirement: at least 66.67% overall; at least two components must each be passed independently and demonstrate secure subject competence. Pure compensation through averaging is excluded.

Quality Management, Learning Development and Digital Delivery

- Performance data are retained at course-unit and assessment-component level.
- Individual learning difficulties trigger tutorials, feedback, reassessment or targeted development measures.
- Group-level patterns trigger review of didactics, methodology, assessment and Learning Objects.
- Teaching videos are version-controlled; only affected content, translations and assessments are updated.

SBW-B205 - Sport Pedagogy, Didactics and Inclusion

Bachelor Stage 2 - Mechanisms, Education and Prevention

Parameter	Specification	Parameter	Specification
Study phase	Bachelor Stage 2	ECTS / workload	8 ECTS / 200 hours
Theory	5.5 ECTS / 137.5 hours	Practice / research	2.5 ECTS / 62.5 hours
Module status	Compulsory or profile-specific core module	Version	1.0 / As at 31 July 2026

Module Profile

Teaching and learning planning, differentiation, foundations of special education and inclusive movement practice.

Teaching and Course Units

Course unit	ECTS	Weight
teaching and learning planning	2	25%
Differentiation	2	25%
foundations of special education and inclusive movement practice	2	25%
Application and disciplinary transfer	2	25%

Learning Outcomes

- Explain the core concepts, models and relationships of the module "Sport Pedagogy, Didactics and Inclusion" accurately and in appropriate academic language.
- Analyse and apply teaching and learning planning and differentiation in a structured manner.
- Transfer foundations of special education and inclusive movement practice to movement-, teaching-, health- or research-related situations.
- Justify results in written, oral and practical or project-based formats.
- Identify and document sources of error, limitations, safety considerations and quality requirements.

Teaching, Learning and Student-Support Methods

Teaching videos and digital Learning Objects; seminars and tutorials; exercises, case studies or movement analysis; guided practice or project work; independent study; formative feedback and targeted development pathways.

Assessment and Grading

Performance component	Weight	Typical evidence
Written	33.33%	Written examination, paper, research report, portfolio or academic documentation
Oral	33.33%	Oral examination, presentation, colloquium, teaching demonstration or defence
Practical / research-related	33.33%	Demonstration, video analysis, project, simulation, data analysis or methodological implementation

Pass requirement: at least 66.67% overall; at least two components must each be passed independently and demonstrate secure subject competence. Pure compensation through averaging is excluded.

Quality Management, Learning Development and Digital Delivery

- Performance data are retained at course-unit and assessment-component level.
- Individual learning difficulties trigger tutorials, feedback, reassessment or targeted development measures.
- Group-level patterns trigger review of didactics, methodology, assessment and Learning Objects.
- Teaching videos are version-controlled; only affected content, translations and assessments are updated.

SBW-B206 - Nutrition, Prevention and Rehabilitation

Bachelor Stage 2 - Mechanisms, Education and Prevention

Parameter	Specification	Parameter	Specification
Study phase	Bachelor Stage 2	ECTS / workload	6 ECTS / 150 hours
Theory	4.5 ECTS / 112.5 hours	Practice / research	1.5 ECTS / 37.5 hours
Module status	Compulsory or profile-specific core module	Version	1.0 / As at 31 July 2026

Module Profile

Sports nutrition, health promotion, prevention principles and rehabilitation fundamentals.

Teaching and Course Units

Course unit	ECTS	Weight
Sports nutrition	1.5	25%
health promotion	1.5	25%
Prevention principles and rehabilitation fundamentals	1.5	25%
Application and disciplinary transfer	1.5	25%

Learning Outcomes

- Explain the core concepts, models and relationships of the module "Nutrition, Prevention and Rehabilitation" accurately and in appropriate academic language.
- Analyse and apply sports nutrition and health promotion in a structured manner.
- Transfer prevention principles and rehabilitation fundamentals to movement-, teaching-, health- or research-related situations.
- Justify results in written, oral and practical or project-based formats.
- Identify and document sources of error, limitations, safety considerations and quality requirements.

Teaching, Learning and Student-Support Methods

Teaching videos and digital Learning Objects; seminars and tutorials; exercises, case studies or movement analysis; guided practice or project work; independent study; formative feedback and targeted development pathways.

Assessment and Grading

Performance component	Weight	Typical evidence
Written	33.33%	Written examination, paper, research report, portfolio or academic documentation
Oral	33.33%	Oral examination, presentation, colloquium, teaching demonstration or defence
Practical / research-related	33.33%	Demonstration, video analysis, project, simulation, data analysis or methodological implementation

Pass requirement: at least 66.67% overall; at least two components must each be passed independently and demonstrate secure subject competence. Pure compensation through averaging is excluded.

Quality Management, Learning Development and Digital Delivery

- Performance data are retained at course-unit and assessment-component level.
- Individual learning difficulties trigger tutorials, feedback, reassessment or targeted development measures.
- Group-level patterns trigger review of didactics, methodology, assessment and Learning Objects.
- Teaching videos are version-controlled; only affected content, translations and assessments are updated.

SBW-B207 - Research Methods and Statistics II

Bachelor Stage 2 - Mechanisms, Education and Prevention

Parameter	Specification	Parameter	Specification
Study phase	Bachelor Stage 2	ECTS / workload	6 ECTS / 150 hours
Theory	5 ECTS / 125 hours	Practice / research	1 ECTS / 25 hours
Module status	Compulsory or profile-specific core module	Version	1.0 / As at 31 July 2026

Module Profile

Quantitative, qualitative and mixed methods, together with the fundamentals of data analysis.

Teaching and Course Units

Course unit	ECTS	Weight
Quantitative	1.5	25%
Qualitative and gemischte methods	1.5	25%
Foundations of data analysis	1.5	25%
Application and disciplinary transfer	1.5	25%

Learning Outcomes

- Explain the core concepts, models and relationships of the module "Research Methods and Statistics II" accurately and in appropriate academic language.
- Analyse and apply quantitative and qualitative and gemischte methods in a structured manner.
- Transfer foundations of data analysis to movement-, teaching-, health- or research-related situations.
- Justify results in written, oral and practical or project-based formats.
- Identify and document sources of error, limitations, safety considerations and quality requirements.

Teaching, Learning and Student-Support Methods

Teaching videos and digital Learning Objects; seminars and tutorials; exercises, case studies or movement analysis; guided practice or project work; independent study; formative feedback and targeted development pathways.

Assessment and Grading

Performance component	Weight	Typical evidence
Written	33.33%	Written examination, paper, research report, portfolio or academic documentation
Oral	33.33%	Oral examination, presentation, colloquium, teaching demonstration or defence
Practical / research-related	33.33%	Demonstration, video analysis, project, simulation, data analysis or methodological implementation

Pass requirement: at least 66.67% overall; at least two components must each be passed independently and demonstrate secure subject competence. Pure compensation through averaging is excluded.

Quality Management, Learning Development and Digital Delivery

- Performance data are retained at course-unit and assessment-component level.
- Individual learning difficulties trigger tutorials, feedback, reassessment or targeted development measures.
- Group-level patterns trigger review of didactics, methodology, assessment and Learning Objects.
- Teaching videos are version-controlled; only affected content, translations and assessments are updated.

SBW-B208 - Communication II, Ethics, Law and Safeguarding

Bachelor Stage 2 - Mechanisms, Education and Prevention

Parameter	Specification	Parameter	Specification
Study phase	Bachelor Stage 2	ECTS / workload	6 ECTS / 150 hours
Theory	4 ECTS / 100 hours	Practice / research	2 ECTS / 50 hours
Module status	Compulsory or profile-specific core module	Version	1.0 / As at 31 July 2026

Module Profile

Conflict communication, professional proximity and distance, safeguarding concepts, self-defence, defence of others and responsibility.

Teaching and Course Units

Course unit	ECTS	Weight
Konfliktkommunikation	1.5	25%
Proximity and distance	1.5	25%
Schutzkonzepte	1.5	25%
self-defence, defence of others and responsibility	1.5	25%

Learning Outcomes

- Explain the core concepts, models and relationships of the module "Communication II, Ethics, Law and Safeguarding" accurately and in appropriate academic language.
- Analyse and apply konfliktkommunikation and proximity and distance in a structured manner.
- Transfer schutzkonzepte to movement-, teaching-, health- or research-related situations.
- Justify results in written, oral and practical or project-based formats.
- Identify and document sources of error, limitations, safety considerations and quality requirements.

Teaching, Learning and Student-Support Methods

Teaching videos and digital Learning Objects; seminars and tutorials; exercises, case studies or movement analysis; guided practice or project work; independent study; formative feedback and targeted development pathways.

Assessment and Grading

Performance component	Weight	Typical evidence
Written	33.33%	Written examination, paper, research report, portfolio or academic documentation
Oral	33.33%	Oral examination, presentation, colloquium, teaching demonstration or defence
Practical / research-related	33.33%	Demonstration, video analysis, project, simulation, data analysis or methodological implementation

Pass requirement: at least 66.67% overall; at least two components must each be passed independently and demonstrate secure subject competence. Pure compensation through averaging is excluded.

Quality Management, Learning Development and Digital Delivery

- Performance data are retained at course-unit and assessment-component level.
- Individual learning difficulties trigger tutorials, feedback, reassessment or targeted development measures.
- Group-level patterns trigger review of didactics, methodology, assessment and Learning Objects.
- Teaching videos are version-controlled; only affected content, translations and assessments are updated.

KPT-B301 - Foundations of Body-Oriented Psychotherapy and Embodiment

Bachelor Stage 3 - Subject-Specific Advanced Study

Parameter	Specification	Parameter	Specification
Study phase	Bachelor Stage 3	ECTS / workload	10 ECTS / 250 hours
Theory	8 ECTS / 200 hours	Practice / research	2 ECTS / 50 hours
Module status	Compulsory or profile-specific core module	Version	1.0 / As at 31 July 2026

Module Profile

Body-mind relationships, embodiment, resonance, breathing, posture and self-awareness.

Teaching and Course Units

Course unit	ECTS	Weight
Body-mind relationships	2.5	25%
Embodiment	2.5	25%
resonance and breathing	2.5	25%
posture and self-awareness	2.5	25%

Learning Outcomes

- Explain the core concepts, models and relationships of the module "Foundations of Body-Oriented Psychotherapy and Embodiment" accurately and in appropriate academic language.
- Analyse and apply body-mind relationships and embodiment in a structured manner.
- Transfer resonance and breathing to movement-, teaching-, health- or research-related situations.
- Justify results in written, oral and practical or project-based formats.
- Identify and document sources of error, limitations, safety considerations and quality requirements.

Teaching, Learning and Student-Support Methods

Teaching videos and digital Learning Objects; seminars and tutorials; exercises, case studies or movement analysis; guided practice or project work; independent study; formative feedback and targeted development pathways.

Assessment and Grading

Performance component	Weight	Typical evidence
Written	33.33%	Written examination, paper, research report, portfolio or academic documentation
Oral	33.33%	Oral examination, presentation, colloquium, teaching demonstration or defence
Practical / research-related	33.33%	Demonstration, video analysis, project, simulation, data analysis or methodological implementation

Pass requirement: at least 66.67% overall; at least two components must each be passed independently and demonstrate secure subject competence. Pure compensation through averaging is excluded.

Quality Management, Learning Development and Digital Delivery

- Performance data are retained at course-unit and assessment-component level.
- Individual learning difficulties trigger tutorials, feedback, reassessment or targeted development measures.
- Group-level patterns trigger review of didactics, methodology, assessment and Learning Objects.
- Teaching videos are version-controlled; only affected content, translations and assessments are updated.

KPT-B302 - POS, ADHD and ADD - Developmental and Neuropsychology

Bachelor Stage 3 - Subject-Specific Advanced Study

Parameter	Specification	Parameter	Specification
Study phase	Bachelor Stage 3	ECTS / workload	10 ECTS / 250 hours
Theory	8.5 ECTS / 212.5 hours	Practice / research	1.5 ECTS / 37.5 hours
Module status	Compulsory or profile-specific core module	Version	1.0 / As at 31 July 2026

Module Profile

Attention, impulsivity, executive functions, affect regulation and developmental trajectories.

Teaching and Course Units

Course unit	ECTS	Weight
Attention	2.5	25%
Impulsivity	2.5	25%
Executive functions	2.5	25%
affect regulation and developmental trajectories	2.5	25%

Learning Outcomes

- Explain the core concepts, models and relationships of the module "POS, ADHD and ADD - Developmental and Neuropsychology" accurately and in appropriate academic language.
- Analyse and apply attention and impulsivity in a structured manner.
- Transfer executive functions to movement-, teaching-, health- or research-related situations.
- Justify results in written, oral and practical or project-based formats.
- Identify and document sources of error, limitations, safety considerations and quality requirements.

Teaching, Learning and Student-Support Methods

Teaching videos and digital Learning Objects; seminars and tutorials; exercises, case studies or movement analysis; guided practice or project work; independent study; formative feedback and targeted development pathways.

Assessment and Grading

Performance component	Weight	Typical evidence
Written	33.33%	Written examination, paper, research report, portfolio or academic documentation
Oral	33.33%	Oral examination, presentation, colloquium, teaching demonstration or defence
Practical / research-related	33.33%	Demonstration, video analysis, project, simulation, data analysis or methodological implementation

Pass requirement: at least 66.67% overall; at least two components must each be passed independently and demonstrate secure subject competence. Pure compensation through averaging is excluded.

Quality Management, Learning Development and Digital Delivery

- Performance data are retained at course-unit and assessment-component level.
- Individual learning difficulties trigger tutorials, feedback, reassessment or targeted development measures.
- Group-level patterns trigger review of didactics, methodology, assessment and Learning Objects.
- Teaching videos are version-controlled; only affected content, translations and assessments are updated.

KPT-B303 - Autism and Sensory Processing

Bachelor Stage 3 - Subject-Specific Advanced Study

Parameter	Specification	Parameter	Specification
Study phase	Bachelor Stage 3	ECTS / workload	8 ECTS / 200 hours
Theory	6 ECTS / 150 hours	Practice / research	2 ECTS / 50 hours
Module status	Compulsory or profile-specific core module	Version	1.0 / As at 31 July 2026

Module Profile

The autism spectrum, perceptual processing, sensory regulation, communication and participation.

Teaching and Course Units

Course unit	ECTS	Weight
Autism spectrum	2	25%
perceptual processing	2	25%
Sensory regulation	2	25%
communication and participation	2	25%

Learning Outcomes

- Explain the core concepts, models and relationships of the module "Autism and Sensory Processing" accurately and in appropriate academic language.
- Analyse and apply autism spectrum and perceptual processing in a structured manner.
- Transfer sensory regulation to movement-, teaching-, health- or research-related situations.
- Justify results in written, oral and practical or project-based formats.
- Identify and document sources of error, limitations, safety considerations and quality requirements.

Teaching, Learning and Student-Support Methods

Teaching videos and digital Learning Objects; seminars and tutorials; exercises, case studies or movement analysis; guided practice or project work; independent study; formative feedback and targeted development pathways.

Assessment and Grading

Performance component	Weight	Typical evidence
Written	33.33%	Written examination, paper, research report, portfolio or academic documentation
Oral	33.33%	Oral examination, presentation, colloquium, teaching demonstration or defence
Practical / research-related	33.33%	Demonstration, video analysis, project, simulation, data analysis or methodological implementation

Pass requirement: at least 66.67% overall; at least two components must each be passed independently and demonstrate secure subject competence. Pure compensation through averaging is excluded.

Quality Management, Learning Development and Digital Delivery

- Performance data are retained at course-unit and assessment-component level.
- Individual learning difficulties trigger tutorials, feedback, reassessment or targeted development measures.
- Group-level patterns trigger review of didactics, methodology, assessment and Learning Objects.
- Teaching videos are version-controlled; only affected content, translations and assessments are updated.

KPT-B304 - Psychopathology, Neurology and Somatic Differential Perspectives

Bachelor Stage 3 - Subject-Specific Advanced Study

Parameter	Specification	Parameter	Specification
Study phase	Bachelor Stage 3	ECTS / workload	8 ECTS / 200 hours
Theory	7 ECTS / 175 hours	Practice / research	1 ECTS / 25 hours
Module status	Compulsory or profile-specific core module	Version	1.0 / As at 31 July 2026

Module Profile

Clinical presentations, neurological foundations, somatic influencing factors and referral.

Teaching and Course Units

Course unit	ECTS	Weight
clinical presentations	2	25%
neurological foundations	2	25%
somatic influencing factors and referral	2	25%
Application and disciplinary transfer	2	25%

Learning Outcomes

- Explain the core concepts, models and relationships of the module "Psychopathology, Neurology and Somatic Differential Perspectives" accurately and in appropriate academic language.
- Analyse and apply clinical presentations and neurological foundations in a structured manner.
- Transfer somatic influencing factors and referral to movement-, teaching-, health- or research-related situations.
- Justify results in written, oral and practical or project-based formats.
- Identify and document sources of error, limitations, safety considerations and quality requirements.

Teaching, Learning and Student-Support Methods

Teaching videos and digital Learning Objects; seminars and tutorials; exercises, case studies or movement analysis; guided practice or project work; independent study; formative feedback and targeted development pathways.

Assessment and Grading

Performance component	Weight	Typical evidence
Written	33.33%	Written examination, paper, research report, portfolio or academic documentation
Oral	33.33%	Oral examination, presentation, colloquium, teaching demonstration or defence
Practical / research-related	33.33%	Demonstration, video analysis, project, simulation, data analysis or methodological implementation

Pass requirement: at least 66.67% overall; at least two components must each be passed independently and demonstrate secure subject competence. Pure compensation through averaging is excluded.

Quality Management, Learning Development and Digital Delivery

- Performance data are retained at course-unit and assessment-component level.
- Individual learning difficulties trigger tutorials, feedback, reassessment or targeted development measures.
- Group-level patterns trigger review of didactics, methodology, assessment and Learning Objects.
- Teaching videos are version-controlled; only affected content, translations and assessments are updated.

KPT-B305 - Trauma, Stress and Attachment

Bachelor Stage 3 - Subject-Specific Advanced Study

Parameter	Specification	Parameter	Specification
Study phase	Bachelor Stage 3	ECTS / workload	8 ECTS / 200 hours
Theory	6 ECTS / 150 hours	Practice / research	2 ECTS / 50 hours
Module status	Compulsory or profile-specific core module	Version	1.0 / As at 31 July 2026

Module Profile

Stress physiology, attachment patterns, stabilisation and resource-oriented practice.

Teaching and Course Units

Course unit	ECTS	Weight
stress physiology	2	25%
attachment patterns	2	25%
stabilisation and resource-oriented practice	2	25%
Application and disciplinary transfer	2	25%

Learning Outcomes

- Explain the core concepts, models and relationships of the module "Trauma, Stress and Attachment" accurately and in appropriate academic language.
- Analyse and apply stress physiology and attachment patterns in a structured manner.
- Transfer stabilisation and resource-oriented practice to movement-, teaching-, health- or research-related situations.
- Justify results in written, oral and practical or project-based formats.
- Identify and document sources of error, limitations, safety considerations and quality requirements.

Teaching, Learning and Student-Support Methods

Teaching videos and digital Learning Objects; seminars and tutorials; exercises, case studies or movement analysis; guided practice or project work; independent study; formative feedback and targeted development pathways.

Assessment and Grading

Performance component	Weight	Typical evidence
Written	33.33%	Written examination, paper, research report, portfolio or academic documentation
Oral	33.33%	Oral examination, presentation, colloquium, teaching demonstration or defence
Practical / research-related	33.33%	Demonstration, video analysis, project, simulation, data analysis or methodological implementation

Pass requirement: at least 66.67% overall; at least two components must each be passed independently and demonstrate secure subject competence. Pure compensation through averaging is excluded.

Quality Management, Learning Development and Digital Delivery

- Performance data are retained at course-unit and assessment-component level.
- Individual learning difficulties trigger tutorials, feedback, reassessment or targeted development measures.
- Group-level patterns trigger review of didactics, methodology, assessment and Learning Objects.
- Teaching videos are version-controlled; only affected content, translations and assessments are updated.

KPT-B306 - Therapeutic Communication and Relationship Building

Bachelor Stage 3 - Subject-Specific Advanced Study

Parameter	Specification	Parameter	Specification
Study phase	Bachelor Stage 3	ECTS / workload	8 ECTS / 200 hours
Theory	6 ECTS / 150 hours	Practice / research	2 ECTS / 50 hours
Module status	Compulsory or profile-specific core module	Version	1.0 / As at 31 July 2026

Module Profile

Flow communication, communication models, empathy, boundaries, de-escalation and self-reflection.

Teaching and Course Units

Course unit	ECTS	Weight
Flow-communication	2	25%
communication models	2	25%
empathy and boundaries	2	25%
de-escalation and self-reflection	2	25%

Learning Outcomes

- Explain the core concepts, models and relationships of the module "Therapeutic Communication and Relationship Building" accurately and in appropriate academic language.
- Analyse and apply flow-communication and communication models in a structured manner.
- Transfer empathy and boundaries to movement-, teaching-, health- or research-related situations.
- Justify results in written, oral and practical or project-based formats.
- Identify and document sources of error, limitations, safety considerations and quality requirements.

Teaching, Learning and Student-Support Methods

Teaching videos and digital Learning Objects; seminars and tutorials; exercises, case studies or movement analysis; guided practice or project work; independent study; formative feedback and targeted development pathways.

Assessment and Grading

Performance component	Weight	Typical evidence
Written	33.33%	Written examination, paper, research report, portfolio or academic documentation
Oral	33.33%	Oral examination, presentation, colloquium, teaching demonstration or defence
Practical / research-related	33.33%	Demonstration, video analysis, project, simulation, data analysis or methodological implementation

Pass requirement: at least 66.67% overall; at least two components must each be passed independently and demonstrate secure subject competence. Pure compensation through averaging is excluded.

Quality Management, Learning Development and Digital Delivery

- Performance data are retained at course-unit and assessment-component level.
- Individual learning difficulties trigger tutorials, feedback, reassessment or targeted development measures.
- Group-level patterns trigger review of didactics, methodology, assessment and Learning Objects.
- Teaching videos are version-controlled; only affected content, translations and assessments are updated.

KPT-B307 - Movement Assessment, Body Awareness and Motor Function

Bachelor Stage 3 - Subject-Specific Advanced Study

Parameter	Specification	Parameter	Specification
Study phase	Bachelor Stage 3	ECTS / workload	4 ECTS / 100 hours
Theory	1 ECTS / 25 hours	Practice / research	3 ECTS / 75 hours
Module status	Compulsory or profile-specific core module	Version	1.0 / As at 31 July 2026

Module Profile

Structured observation, movement patterns, muscle tone, coordination and psychomotor findings.

Teaching and Course Units

Course unit	ECTS	Weight
Strukturierte Beobachtung	1	25%
Bewegungsmuster	1	25%
Muscle tone	1	25%
coordination and psychomotor findings	1	25%

Learning Outcomes

- Explain the core concepts, models and relationships of the module "Movement Assessment, Body Awareness and Motor Function" accurately and in appropriate academic language.
- Analyse and apply strukturierte beobachtung and bewegungsmuster in a structured manner.
- Transfer muscle tone to movement-, teaching-, health- or research-related situations.
- Justify results in written, oral and practical or project-based formats.
- Identify and document sources of error, limitations, safety considerations and quality requirements.

Teaching, Learning and Student-Support Methods

Teaching videos and digital Learning Objects; seminars and tutorials; exercises, case studies or movement analysis; guided practice or project work; independent study; formative feedback and targeted development pathways.

Assessment and Grading

Performance component	Weight	Typical evidence
Written	33.33%	Written examination, paper, research report, portfolio or academic documentation
Oral	33.33%	Oral examination, presentation, colloquium, teaching demonstration or defence
Practical / research-related	33.33%	Demonstration, video analysis, project, simulation, data analysis or methodological implementation

Pass requirement: at least 66.67% overall; at least two components must each be passed independently and demonstrate secure subject competence. Pure compensation through averaging is excluded.

Quality Management, Learning Development and Digital Delivery

- Performance data are retained at course-unit and assessment-component level.
- Individual learning difficulties trigger tutorials, feedback, reassessment or targeted development measures.
- Group-level patterns trigger review of didactics, methodology, assessment and Learning Objects.
- Teaching videos are version-controlled; only affected content, translations and assessments are updated.

KPT-B308 - Ethics, Role Clarification, Crisis Response and Referral

Bachelor Stage 3 - Subject-Specific Advanced Study

Parameter	Specification	Parameter	Specification
Study phase	Bachelor Stage 3	ECTS / workload	4 ECTS / 100 hours
Theory	2.5 ECTS / 62.5 hours	Practice / research	1.5 ECTS / 37.5 hours
Module status	Compulsory or profile-specific core module	Version	1.0 / As at 31 July 2026

Module Profile

Scope-of-practice boundaries, safeguarding, crisis recognition, documentation and interprofessional handover.

Teaching and Course Units

Course unit	ECTS	Weight
scope-of-practice boundaries	1	25%
Safeguarding	1	25%
crisis recognition	1	25%
documentation and interprofessional handover	1	25%

Learning Outcomes

- Explain the core concepts, models and relationships of the module "Ethics, Role Clarification, Crisis Response and Referral" accurately and in appropriate academic language.
- Analyse and apply scope-of-practice boundaries and safeguarding in a structured manner.
- Transfer crisis recognition to movement-, teaching-, health- or research-related situations.
- Justify results in written, oral and practical or project-based formats.
- Identify and document sources of error, limitations, safety considerations and quality requirements.

Teaching, Learning and Student-Support Methods

Teaching videos and digital Learning Objects; seminars and tutorials; exercises, case studies or movement analysis; guided practice or project work; independent study; formative feedback and targeted development pathways.

Assessment and Grading

Performance component	Weight	Typical evidence
Written	33.33%	Written examination, paper, research report, portfolio or academic documentation
Oral	33.33%	Oral examination, presentation, colloquium, teaching demonstration or defence
Practical / research-related	33.33%	Demonstration, video analysis, project, simulation, data analysis or methodological implementation

Pass requirement: at least 66.67% overall; at least two components must each be passed independently and demonstrate secure subject competence. Pure compensation through averaging is excluded.

Quality Management, Learning Development and Digital Delivery

- Performance data are retained at course-unit and assessment-component level.
- Individual learning difficulties trigger tutorials, feedback, reassessment or targeted development measures.
- Group-level patterns trigger review of didactics, methodology, assessment and Learning Objects.
- Teaching videos are version-controlled; only affected content, translations and assessments are updated.

KPT-B401 - Yushin-Ryu as a Movement- and Body-Oriented Approach

Bachelor Stage 4 - Integration, Application and Completion

Parameter	Specification	Parameter	Specification
Study phase	Bachelor Stage 4	ECTS / workload	12 ECTS / 300 hours
Theory	8 ECTS / 200 hours	Practice / research	4 ECTS / 100 hours
Module status	Compulsory or profile-specific core module	Version	1.0 / As at 31 July 2026

Module Profile

Integration of movement, perception, breathing, martial arts, resources and self-organisation.

Teaching and Course Units

Course unit	ECTS	Weight
Integration of movement	3	25%
Perception	3	25%
breathing and martial arts	3	25%
resources and self-organisation	3	25%

Learning Outcomes

- Explain the core concepts, models and relationships of the module "Yushin-Ryu as a Movement- and Body-Oriented Approach" accurately and in appropriate academic language.
- Analyse and apply integration of movement and perception in a structured manner.
- Transfer breathing and martial arts to movement-, teaching-, health- or research-related situations.
- Justify results in written, oral and practical or project-based formats.
- Identify and document sources of error, limitations, safety considerations and quality requirements.

Teaching, Learning and Student-Support Methods

Teaching videos and digital Learning Objects; seminars and tutorials; exercises, case studies or movement analysis; guided practice or project work; independent study; formative feedback and targeted development pathways.

Assessment and Grading

Performance component	Weight	Typical evidence
Written	33.33%	Written examination, paper, research report, portfolio or academic documentation
Oral	33.33%	Oral examination, presentation, colloquium, teaching demonstration or defence
Practical / research-related	33.33%	Demonstration, video analysis, project, simulation, data analysis or methodological implementation

Pass requirement: at least 66.67% overall; at least two components must each be passed independently and demonstrate secure subject competence. Pure compensation through averaging is excluded.

Quality Management, Learning Development and Digital Delivery

- Performance data are retained at course-unit and assessment-component level.
- Individual learning difficulties trigger tutorials, feedback, reassessment or targeted development measures.
- Group-level patterns trigger review of didactics, methodology, assessment and Learning Objects.
- Teaching videos are version-controlled; only affected content, translations and assessments are updated.

KPT-B402 - Intervention Planning for POS, ADHD, ADD and Autism

Bachelor Stage 4 - Integration, Application and Completion

Parameter	Specification	Parameter	Specification
Study phase	Bachelor Stage 4	ECTS / workload	10 ECTS / 250 hours
Theory	7 ECTS / 175 hours	Practice / research	3 ECTS / 75 hours
Module status	Compulsory or profile-specific core module	Version	1.0 / As at 31 July 2026

Module Profile

Goal clarification, individual adaptation, sensory regulation, movement provision and progress monitoring.

Teaching and Course Units

Course unit	ECTS	Weight
goal clarification	2.5	25%
individual adaptation	2.5	25%
Sensory regulation	2.5	25%
movement provision and progress monitoring	2.5	25%

Learning Outcomes

- Explain the core concepts, models and relationships of the module "Intervention Planning for POS, ADHD, ADD and Autism" accurately and in appropriate academic language.
- Analyse and apply goal clarification and individual adaptation in a structured manner.
- Transfer sensory regulation to movement-, teaching-, health- or research-related situations.
- Justify results in written, oral and practical or project-based formats.
- Identify and document sources of error, limitations, safety considerations and quality requirements.

Teaching, Learning and Student-Support Methods

Teaching videos and digital Learning Objects; seminars and tutorials; exercises, case studies or movement analysis; guided practice or project work; independent study; formative feedback and targeted development pathways.

Assessment and Grading

Performance component	Weight	Typical evidence
Written	33.33%	Written examination, paper, research report, portfolio or academic documentation
Oral	33.33%	Oral examination, presentation, colloquium, teaching demonstration or defence
Practical / research-related	33.33%	Demonstration, video analysis, project, simulation, data analysis or methodological implementation

Pass requirement: at least 66.67% overall; at least two components must each be passed independently and demonstrate secure subject competence. Pure compensation through averaging is excluded.

Quality Management, Learning Development and Digital Delivery

- Performance data are retained at course-unit and assessment-component level.
- Individual learning difficulties trigger tutorials, feedback, reassessment or targeted development measures.
- Group-level patterns trigger review of didactics, methodology, assessment and Learning Objects.
- Teaching videos are version-controlled; only affected content, translations and assessments are updated.

KPT-B403 - Case Theory and Simulation-Based Application

Bachelor Stage 4 - Integration, Application and Completion

Parameter	Specification	Parameter	Specification
Study phase	Bachelor Stage 4	ECTS / workload	8 ECTS / 200 hours
Theory	5 ECTS / 125 hours	Practice / research	3 ECTS / 75 hours
Module status	Compulsory or profile-specific core module	Version	1.0 / As at 31 July 2026

Module Profile

Fictional cases, role play, video analysis, supervision simulation and evidence-based decision-making.

Teaching and Course Units

Course unit	ECTS	Weight
fictional cases	2	25%
Role play	2	25%
Video analysis	2	25%
supervision simulation and evidence-based decision-making	2	25%

Learning Outcomes

- Explain the core concepts, models and relationships of the module "Case Theory and Simulation-Based Application" accurately and in appropriate academic language.
- Analyse and apply fictional cases and role play in a structured manner.
- Transfer video analysis to movement-, teaching-, health- or research-related situations.
- Justify results in written, oral and practical or project-based formats.
- Identify and document sources of error, limitations, safety considerations and quality requirements.

Teaching, Learning and Student-Support Methods

Teaching videos and digital Learning Objects; seminars and tutorials; exercises, case studies or movement analysis; guided practice or project work; independent study; formative feedback and targeted development pathways.

Assessment and Grading

Performance component	Weight	Typical evidence
Written	33.33%	Written examination, paper, research report, portfolio or academic documentation
Oral	33.33%	Oral examination, presentation, colloquium, teaching demonstration or defence
Practical / research-related	33.33%	Demonstration, video analysis, project, simulation, data analysis or methodological implementation

Pass requirement: at least 66.67% overall; at least two components must each be passed independently and demonstrate secure subject competence. Pure compensation through averaging is excluded.

Quality Management, Learning Development and Digital Delivery

- Performance data are retained at course-unit and assessment-component level.
- Individual learning difficulties trigger tutorials, feedback, reassessment or targeted development measures.
- Group-level patterns trigger review of didactics, methodology, assessment and Learning Objects.
- Teaching videos are version-controlled; only affected content, translations and assessments are updated.

KPT-B404 - Family, School, Groups and Social Systems

Bachelor Stage 4 - Integration, Application and Completion

Parameter	Specification	Parameter	Specification
Study phase	Bachelor Stage 4	ECTS / workload	8 ECTS / 200 hours
Theory	6.5 ECTS / 162.5 hours	Practice / research	1.5 ECTS / 37.5 hours
Module status	Compulsory or profile-specific core module	Version	1.0 / As at 31 July 2026

Module Profile

Systemic relationships, cooperation with significant others and social integration.

Teaching and Course Units

Course unit	ECTS	Weight
systemic relationships	2	25%
cooperation with significant others	2	25%
social integration	2	25%
Application and disciplinary transfer	2	25%

Learning Outcomes

- Explain the core concepts, models and relationships of the module "Family, School, Groups and Social Systems" accurately and in appropriate academic language.
- Analyse and apply systemic relationships and cooperation with significant others in a structured manner.
- Transfer social integration to movement-, teaching-, health- or research-related situations.
- Justify results in written, oral and practical or project-based formats.
- Identify and document sources of error, limitations, safety considerations and quality requirements.

Teaching, Learning and Student-Support Methods

Teaching videos and digital Learning Objects; seminars and tutorials; exercises, case studies or movement analysis; guided practice or project work; independent study; formative feedback and targeted development pathways.

Assessment and Grading

Performance component	Weight	Typical evidence
Written	33.33%	Written examination, paper, research report, portfolio or academic documentation
Oral	33.33%	Oral examination, presentation, colloquium, teaching demonstration or defence
Practical / research-related	33.33%	Demonstration, video analysis, project, simulation, data analysis or methodological implementation

Pass requirement: at least 66.67% overall; at least two components must each be passed independently and demonstrate secure subject competence. Pure compensation through averaging is excluded.

Quality Management, Learning Development and Digital Delivery

- Performance data are retained at course-unit and assessment-component level.
- Individual learning difficulties trigger tutorials, feedback, reassessment or targeted development measures.
- Group-level patterns trigger review of didactics, methodology, assessment and Learning Objects.
- Teaching videos are version-controlled; only affected content, translations and assessments are updated.

KPT-B405 - Sports-Medical Prevention and Accident Prevention

Bachelor Stage 4 - Integration, Application and Completion

Parameter	Specification	Parameter	Specification
Study phase	Bachelor Stage 4	ECTS / workload	6 ECTS / 150 hours
Theory	4.5 ECTS / 112.5 hours	Practice / research	1.5 ECTS / 37.5 hours
Module status	Compulsory or profile-specific core module	Version	1.0 / As at 31 July 2026

Module Profile

Load management, contraindications, injury prevention and safe intervention.

Teaching and Course Units

Course unit	ECTS	Weight
Belastungssteuerung	1.5	25%
Kontraindikationen	1.5	25%
injury prevention and safe intervention	1.5	25%
Application and disciplinary transfer	1.5	25%

Learning Outcomes

- Explain the core concepts, models and relationships of the module "Sports-Medical Prevention and Accident Prevention" accurately and in appropriate academic language.
- Analyse and apply belastungssteuerung and kontraindikationen in a structured manner.
- Transfer injury prevention and safe intervention to movement-, teaching-, health- or research-related situations.
- Justify results in written, oral and practical or project-based formats.
- Identify and document sources of error, limitations, safety considerations and quality requirements.

Teaching, Learning and Student-Support Methods

Teaching videos and digital Learning Objects; seminars and tutorials; exercises, case studies or movement analysis; guided practice or project work; independent study; formative feedback and targeted development pathways.

Assessment and Grading

Performance component	Weight	Typical evidence
Written	33.33%	Written examination, paper, research report, portfolio or academic documentation
Oral	33.33%	Oral examination, presentation, colloquium, teaching demonstration or defence
Practical / research-related	33.33%	Demonstration, video analysis, project, simulation, data analysis or methodological implementation

Pass requirement: at least 66.67% overall; at least two components must each be passed independently and demonstrate secure subject competence. Pure compensation through averaging is excluded.

Quality Management, Learning Development and Digital Delivery

- Performance data are retained at course-unit and assessment-component level.
- Individual learning difficulties trigger tutorials, feedback, reassessment or targeted development measures.
- Group-level patterns trigger review of didactics, methodology, assessment and Learning Objects.
- Teaching videos are version-controlled; only affected content, translations and assessments are updated.

KPT-B406 - Evaluation and Effectiveness Research

Bachelor Stage 4 - Integration, Application and Completion

Parameter	Specification	Parameter	Specification
Study phase	Bachelor Stage 4	ECTS / workload	6 ECTS / 150 hours
Theory	5.5 ECTS / 137.5 hours	Practice / research	0.5 ECTS / 12.5 hours
Module status	Compulsory or profile-specific core module	Version	1.0 / As at 31 July 2026

Module Profile

Outcome criteria, single-case evaluation, qualitative feedback and evidence-informed further development.

Teaching and Course Units

Course unit	ECTS	Weight
outcome criteria	1.5	25%
single-case evaluation	1.5	25%
qualitative feedback and evidence-informed further development	1.5	25%
Application and disciplinary transfer	1.5	25%

Learning Outcomes

- Explain the core concepts, models and relationships of the module "Evaluation and Effectiveness Research" accurately and in appropriate academic language.
- Analyse and apply outcome criteria and single-case evaluation in a structured manner.
- Transfer qualitative feedback and evidence-informed further development to movement-, teaching-, health- or research-related situations.
- Justify results in written, oral and practical or project-based formats.
- Identify and document sources of error, limitations, safety considerations and quality requirements.

Teaching, Learning and Student-Support Methods

Teaching videos and digital Learning Objects; seminars and tutorials; exercises, case studies or movement analysis; guided practice or project work; independent study; formative feedback and targeted development pathways.

Assessment and Grading

Performance component	Weight	Typical evidence
Written	33.33%	Written examination, paper, research report, portfolio or academic documentation
Oral	33.33%	Oral examination, presentation, colloquium, teaching demonstration or defence
Practical / research-related	33.33%	Demonstration, video analysis, project, simulation, data analysis or methodological implementation

Pass requirement: at least 66.67% overall; at least two components must each be passed independently and demonstrate secure subject competence. Pure compensation through averaging is excluded.

Quality Management, Learning Development and Digital Delivery

- Performance data are retained at course-unit and assessment-component level.
- Individual learning difficulties trigger tutorials, feedback, reassessment or targeted development measures.
- Group-level patterns trigger review of didactics, methodology, assessment and Learning Objects.
- Teaching videos are version-controlled; only affected content, translations and assessments are updated.

KPT-B407 - Bachelor Project and Defence

Bachelor Stage 4 - Integration, Application and Completion

Parameter	Specification	Parameter	Specification
Study phase	Bachelor Stage 4	ECTS / workload	10 ECTS / 250 hours
Theory	8.5 ECTS / 212.5 hours	Practice / research	1.5 ECTS / 37.5 hours
Module status	Compulsory or profile-specific core module	Version	1.0 / As at 31 July 2026

Module Profile

Independent interdisciplinary work with documented methodology and oral defence.

Teaching and Course Units

Course unit	ECTS	Weight
Topic clarification and disciplinary framework	2.5	25%
Methodology, planning and documented implementation	2.5	25%
Analysis, reflection and quality review	2.5	25%
Written final assessment and oral defence	2.5	25%

Learning Outcomes

- Explain the core concepts, models and relationships of the module "Bachelor Project and Defence" accurately and in appropriate academic language.
- Analyse and apply topic clarification and disciplinary framework and methodology, planning and documented implementation in a structured manner.
- Transfer analysis, reflection and quality review to movement-, teaching-, health- or research-related situations.
- Justify results in written, oral and practical or project-based formats.
- Identify and document sources of error, limitations, safety considerations and quality requirements.

Teaching, Learning and Student-Support Methods

Teaching videos and digital Learning Objects; seminars and tutorials; exercises, case studies or movement analysis; guided practice or project work; independent study; formative feedback and targeted development pathways.

Assessment and Grading

Performance component	Weight	Typical evidence
Written	33.33%	Written examination, paper, research report, portfolio or academic documentation
Oral	33.33%	Oral examination, presentation, colloquium, teaching demonstration or defence
Practical / research-related	33.33%	Demonstration, video analysis, project, simulation, data analysis or methodological implementation

Pass requirement: at least 66.67% overall; at least two components must each be passed independently and demonstrate secure subject competence. Pure compensation through averaging is excluded.

Quality Management, Learning Development and Digital Delivery

- Performance data are retained at course-unit and assessment-component level.
- Individual learning difficulties trigger tutorials, feedback, reassessment or targeted development measures.
- Group-level patterns trigger review of didactics, methodology, assessment and Learning Objects.
- Teaching videos are version-controlled; only affected content, translations and assessments are updated.

KPT-M501 - Advanced Body-Oriented Psychotherapy and Clinical Theory

Master Semester 1 - Advanced Study and Research Phase

Parameter	Specification	Parameter	Specification
Study phase	Master Semester 1	ECTS / workload	15 ECTS / 375 hours
Theory	11.25 ECTS / 281.25 hours	Practice / research	3.75 ECTS / 93.75 hours
Module status	Compulsory or profile-specific core module	Version	1.0 / As at 31 July 2026

Module Profile

Advanced models, indication logic, boundaries and interdisciplinary case formulation.

Teaching and Course Units

Course unit	ECTS	Weight
Vertiefte models	3.75	25%
Indikationslogik	3.75	25%
boundaries and interdisciplinary case formulation	3.75	25%
Application and disciplinary transfer	3.75	25%

Learning Outcomes

- Explain the core concepts, models and relationships of the module "Advanced Body-Oriented Psychotherapy and Clinical Theory" accurately and in appropriate academic language.
- Analyse and apply vertiefte models and indikationslogik in a structured manner.
- Transfer boundaries and interdisciplinary case formulation to movement-, teaching-, health- or research-related situations.
- Justify results in written, oral and practical or project-based formats.
- Identify and document sources of error, limitations, safety considerations and quality requirements.

Teaching, Learning and Student-Support Methods

Teaching videos and digital Learning Objects; seminars and tutorials; exercises, case studies or movement analysis; guided practice or project work; independent study; formative feedback and targeted development pathways.

Assessment and Grading

Performance component	Weight	Typical evidence
Written	33.33%	Written examination, paper, research report, portfolio or academic documentation
Oral	33.33%	Oral examination, presentation, colloquium, teaching demonstration or defence
Practical / research-related	33.33%	Demonstration, video analysis, project, simulation, data analysis or methodological implementation

Pass requirement: at least 66.67% overall; at least two components must each be passed independently and demonstrate secure subject competence. Pure compensation through averaging is excluded.

Quality Management, Learning Development and Digital Delivery

- Performance data are retained at course-unit and assessment-component level.
- Individual learning difficulties trigger tutorials, feedback, reassessment or targeted development measures.
- Group-level patterns trigger review of didactics, methodology, assessment and Learning Objects.
- Teaching videos are version-controlled; only affected content, translations and assessments are updated.

KPT-M502 - Neurodevelopmental Disorders - Specialisation

Master Semester 2 - Advanced Study and Research Phase

Parameter	Specification	Parameter	Specification
Study phase	Master Semester 2	ECTS / workload	15 ECTS / 375 hours
Theory	11.25 ECTS / 281.25 hours	Practice / research	3.75 ECTS / 93.75 hours
Module status	Compulsory or profile-specific core module	Version	1.0 / As at 31 July 2026

Module Profile

Complex developmental trajectories in POS, ADHD, ADD and autism, with differentiated support planning.

Teaching and Course Units

Course unit	ECTS	Weight
Complex trajectories in POS	3.75	25%
ADHD	3.75	25%
ADD and autism	3.75	25%
differentiated support planning	3.75	25%

Learning Outcomes

- Explain the core concepts, models and relationships of the module "Neurodevelopmental Disorders - Specialisation" accurately and in appropriate academic language.
- Analyse and apply complex trajectories in pos and adhd in a structured manner.
- Transfer add and autism to movement-, teaching-, health- or research-related situations.
- Justify results in written, oral and practical or project-based formats.
- Identify and document sources of error, limitations, safety considerations and quality requirements.

Teaching, Learning and Student-Support Methods

Teaching videos and digital Learning Objects; seminars and tutorials; exercises, case studies or movement analysis; guided practice or project work; independent study; formative feedback and targeted development pathways.

Assessment and Grading

Performance component	Weight	Typical evidence
Written	33.33%	Written examination, paper, research report, portfolio or academic documentation
Oral	33.33%	Oral examination, presentation, colloquium, teaching demonstration or defence
Practical / research-related	33.33%	Demonstration, video analysis, project, simulation, data analysis or methodological implementation

Pass requirement: at least 66.67% overall; at least two components must each be passed independently and demonstrate secure subject competence. Pure compensation through averaging is excluded.

Quality Management, Learning Development and Digital Delivery

- Performance data are retained at course-unit and assessment-component level.
- Individual learning difficulties trigger tutorials, feedback, reassessment or targeted development measures.
- Group-level patterns trigger review of didactics, methodology, assessment and Learning Objects.
- Teaching videos are version-controlled; only affected content, translations and assessments are updated.

KPT-M503 - Psychophysiology and Neuromotor Regulation

Master Semester 1 - Advanced Study and Research Phase

Parameter	Specification	Parameter	Specification
Study phase	Master Semester 1	ECTS / workload	10 ECTS / 250 hours
Theory	7.5 ECTS / 187.5 hours	Practice / research	2.5 ECTS / 62.5 hours
Module status	Compulsory or profile-specific core module	Version	1.0 / As at 31 July 2026

Module Profile

The autonomic nervous system, muscle tone, breathing, interoception and movement-related regulation.

Teaching and Course Units

Course unit	ECTS	Weight
Autonomes Nervensystem	2.5	25%
Muscle tone	2.5	25%
Breathing	2.5	25%
interoception and movement-related regulation	2.5	25%

Learning Outcomes

- Explain the core concepts, models and relationships of the module "Psychophysiology and Neuromotor Regulation" accurately and in appropriate academic language.
- Analyse and apply autonomes nervensystem and muscle tone in a structured manner.
- Transfer breathing to movement-, teaching-, health- or research-related situations.
- Justify results in written, oral and practical or project-based formats.
- Identify and document sources of error, limitations, safety considerations and quality requirements.

Teaching, Learning and Student-Support Methods

Teaching videos and digital Learning Objects; seminars and tutorials; exercises, case studies or movement analysis; guided practice or project work; independent study; formative feedback and targeted development pathways.

Assessment and Grading

Performance component	Weight	Typical evidence
Written	33.33%	Written examination, paper, research report, portfolio or academic documentation
Oral	33.33%	Oral examination, presentation, colloquium, teaching demonstration or defence
Practical / research-related	33.33%	Demonstration, video analysis, project, simulation, data analysis or methodological implementation

Pass requirement: at least 66.67% overall; at least two components must each be passed independently and demonstrate secure subject competence. Pure compensation through averaging is excluded.

Quality Management, Learning Development and Digital Delivery

- Performance data are retained at course-unit and assessment-component level.
- Individual learning difficulties trigger tutorials, feedback, reassessment or targeted development measures.
- Group-level patterns trigger review of didactics, methodology, assessment and Learning Objects.
- Teaching videos are version-controlled; only affected content, translations and assessments are updated.

KPT-M504 - Communication, Trauma and Crisis Intervention - Theory

Master Semester 2 - Advanced Study and Research Phase

Parameter	Specification	Parameter	Specification
Study phase	Master Semester 2	ECTS / workload	10 ECTS / 250 hours
Theory	7.5 ECTS / 187.5 hours	Practice / research	2.5 ECTS / 62.5 hours
Module status	Compulsory or profile-specific core module	Version	1.0 / As at 31 July 2026

Module Profile

Complex communication situations, stabilisation, safeguarding and coordinated referral.

Teaching and Course Units

Course unit	ECTS	Weight
complex communication situations	2.5	25%
Stabilisation	2.5	25%
safeguarding and coordinated referral	2.5	25%
Application and disciplinary transfer	2.5	25%

Learning Outcomes

- Explain the core concepts, models and relationships of the module "Communication, Trauma and Crisis Intervention - Theory" accurately and in appropriate academic language.
- Analyse and apply complex communication situations and stabilisation in a structured manner.
- Transfer safeguarding and coordinated referral to movement-, teaching-, health- or research-related situations.
- Justify results in written, oral and practical or project-based formats.
- Identify and document sources of error, limitations, safety considerations and quality requirements.

Teaching, Learning and Student-Support Methods

Teaching videos and digital Learning Objects; seminars and tutorials; exercises, case studies or movement analysis; guided practice or project work; independent study; formative feedback and targeted development pathways.

Assessment and Grading

Performance component	Weight	Typical evidence
Written	33.33%	Written examination, paper, research report, portfolio or academic documentation
Oral	33.33%	Oral examination, presentation, colloquium, teaching demonstration or defence
Practical / research-related	33.33%	Demonstration, video analysis, project, simulation, data analysis or methodological implementation

Pass requirement: at least 66.67% overall; at least two components must each be passed independently and demonstrate secure subject competence. Pure compensation through averaging is excluded.

Quality Management, Learning Development and Digital Delivery

- Performance data are retained at course-unit and assessment-component level.
- Individual learning difficulties trigger tutorials, feedback, reassessment or targeted development measures.
- Group-level patterns trigger review of didactics, methodology, assessment and Learning Objects.
- Teaching videos are version-controlled; only affected content, translations and assessments are updated.

KPT-M505 - Evidence-Based Intervention Development

Master Semester 3 - Advanced Study and Research Phase

Parameter	Specification	Parameter	Specification
Study phase	Master Semester 3	ECTS / workload	10 ECTS / 250 hours
Theory	7.5 ECTS / 187.5 hours	Practice / research	2.5 ECTS / 62.5 hours
Module status	Compulsory or profile-specific core module	Version	1.0 / As at 31 July 2026

Module Profile

Programme theory, evaluation, outcome measurement and methodological quality review.

Teaching and Course Units

Course unit	ECTS	Weight
programme theory	2.5	25%
Evaluation	2.5	25%
outcome measurement and methodological quality review	2.5	25%
Application and disciplinary transfer	2.5	25%

Learning Outcomes

- Explain the core concepts, models and relationships of the module "Evidence-Based Intervention Development" accurately and in appropriate academic language.
- Analyse and apply programme theory and evaluation in a structured manner.
- Transfer outcome measurement and methodological quality review to movement-, teaching-, health- or research-related situations.
- Justify results in written, oral and practical or project-based formats.
- Identify and document sources of error, limitations, safety considerations and quality requirements.

Teaching, Learning and Student-Support Methods

Teaching videos and digital Learning Objects; seminars and tutorials; exercises, case studies or movement analysis; guided practice or project work; independent study; formative feedback and targeted development pathways.

Assessment and Grading

Performance component	Weight	Typical evidence
Written	33.33%	Written examination, paper, research report, portfolio or academic documentation
Oral	33.33%	Oral examination, presentation, colloquium, teaching demonstration or defence
Practical / research-related	33.33%	Demonstration, video analysis, project, simulation, data analysis or methodological implementation

Pass requirement: at least 66.67% overall; at least two components must each be passed independently and demonstrate secure subject competence. Pure compensation through averaging is excluded.

Quality Management, Learning Development and Digital Delivery

- Performance data are retained at course-unit and assessment-component level.
- Individual learning difficulties trigger tutorials, feedback, reassessment or targeted development measures.
- Group-level patterns trigger review of didactics, methodology, assessment and Learning Objects.
- Teaching videos are version-controlled; only affected content, translations and assessments are updated.

KPT-M506 - Interdisciplinary Transfer and Delta Modules

Master Semester 3 - Advanced Study and Research Phase

Parameter	Specification	Parameter	Specification
Study phase	Master Semester 3	ECTS / workload	10 ECTS / 250 hours
Theory	7.5 ECTS / 187.5 hours	Practice / research	2.5 ECTS / 62.5 hours
Module status	Compulsory or profile-specific core module	Version	1.0 / As at 31 July 2026

Module Profile

Targeted integration with psychology, education, neurology, medicine and sport science.

Teaching and Course Units

Course unit	ECTS	Weight
Gezielte Verbindung with psychology	2.5	25%
Education	2.5	25%
Neurology	2.5	25%
Medizin and Sportwissenschaft	2.5	25%

Learning Outcomes

- Explain the core concepts, models and relationships of the module "Interdisciplinary Transfer and Delta Modules" accurately and in appropriate academic language.
- Analyse and apply gezielte verbindung with psychology and education in a structured manner.
- Transfer neurology to movement-, teaching-, health- or research-related situations.
- Justify results in written, oral and practical or project-based formats.
- Identify and document sources of error, limitations, safety considerations and quality requirements.

Teaching, Learning and Student-Support Methods

Teaching videos and digital Learning Objects; seminars and tutorials; exercises, case studies or movement analysis; guided practice or project work; independent study; formative feedback and targeted development pathways.

Assessment and Grading

Performance component	Weight	Typical evidence
Written	33.33%	Written examination, paper, research report, portfolio or academic documentation
Oral	33.33%	Oral examination, presentation, colloquium, teaching demonstration or defence
Practical / research-related	33.33%	Demonstration, video analysis, project, simulation, data analysis or methodological implementation

Pass requirement: at least 66.67% overall; at least two components must each be passed independently and demonstrate secure subject competence. Pure compensation through averaging is excluded.

Quality Management, Learning Development and Digital Delivery

- Performance data are retained at course-unit and assessment-component level.
- Individual learning difficulties trigger tutorials, feedback, reassessment or targeted development measures.
- Group-level patterns trigger review of didactics, methodology, assessment and Learning Objects.
- Teaching videos are version-controlled; only affected content, translations and assessments are updated.

KPT-M507 - Research Colloquium and Advanced Methodology

Master Semesters 3-4 - Advanced Study and Research Phase

Parameter	Specification	Parameter	Specification
Study phase	Master Semesters 3-4	ECTS / workload	10 ECTS / 250 hours
Theory	7.5 ECTS / 187.5 hours	Practice / research	2.5 ECTS / 62.5 hours
Module status	Compulsory or profile-specific core module	Version	1.0 / As at 31 July 2026

Module Profile

Research design, ethics, data interpretation and academic discussion.

Teaching and Course Units

Course unit	ECTS	Weight
Literature review and topic delimitation	2.5	25%
Disciplinary analysis and comparison of methods	2.5	25%
Academic paper	2.5	25%
Presentation, discussion and peer feedback	2.5	25%

Learning Outcomes

- Explain the core concepts, models and relationships of the module "Research Colloquium and Advanced Methodology" accurately and in appropriate academic language.
- Analyse and apply literature review and topic delimitation and disciplinary analysis and comparison of methods in a structured manner.
- Transfer academic paper to movement-, teaching-, health- or research-related situations.
- Justify results in written, oral and practical or project-based formats.
- Identify and document sources of error, limitations, safety considerations and quality requirements.

Teaching, Learning and Student-Support Methods

Teaching videos and digital Learning Objects; seminars and tutorials; exercises, case studies or movement analysis; guided practice or project work; independent study; formative feedback and targeted development pathways.

Assessment and Grading

Performance component	Weight	Typical evidence
Written	33.33%	Written examination, paper, research report, portfolio or academic documentation
Oral	33.33%	Oral examination, presentation, colloquium, teaching demonstration or defence
Practical / research-related	33.33%	Demonstration, video analysis, project, simulation, data analysis or methodological implementation

Pass requirement: at least 66.67% overall; at least two components must each be passed independently and demonstrate secure subject competence. Pure compensation through averaging is excluded.

Quality Management, Learning Development and Digital Delivery

- Performance data are retained at course-unit and assessment-component level.
- Individual learning difficulties trigger tutorials, feedback, reassessment or targeted development measures.
- Group-level patterns trigger review of didactics, methodology, assessment and Learning Objects.
- Teaching videos are version-controlled; only affected content, translations and assessments are updated.

KPT-M508 - Master Thesis and Defence

Master Semester 4 - Advanced Study and Research Phase

Parameter	Specification	Parameter	Specification
Study phase	Master Semester 4	ECTS / workload	20 ECTS / 500 hours
Theory	15 ECTS / 375 hours	Practice / research	5 ECTS / 125 hours
Module status	Compulsory or profile-specific core module	Version	1.0 / As at 31 July 2026

Module Profile

A publication-ready thesis with a transparent interdisciplinary synthesis.

Teaching and Course Units

Course unit	ECTS	Weight
Research question and theoretical framework	5	25%
Methodology, data basis and academic implementation	5	25%
Analysis, validation and discussion of results	5	25%
Written master thesis, publication and defence	5	25%

Learning Outcomes

- Explain the core concepts, models and relationships of the module "Master Thesis and Defence" accurately and in appropriate academic language.
- Analyse and apply research question and theoretical framework and methodology, data basis and academic implementation in a structured manner.
- Transfer analysis, validation and discussion of results to movement-, teaching-, health- or research-related situations.
- Justify results in written, oral and practical or project-based formats.
- Identify and document sources of error, limitations, safety considerations and quality requirements.

Teaching, Learning and Student-Support Methods

Teaching videos and digital Learning Objects; seminars and tutorials; exercises, case studies or movement analysis; guided practice or project work; independent study; formative feedback and targeted development pathways.

Assessment and Grading

Performance component	Weight	Typical evidence
Written	33.33%	Written examination, paper, research report, portfolio or academic documentation
Oral	33.33%	Oral examination, presentation, colloquium, teaching demonstration or defence
Practical / research-related	33.33%	Demonstration, video analysis, project, simulation, data analysis or methodological implementation

Pass requirement: at least 66.67% overall; at least two components must each be passed independently and demonstrate secure subject competence. Pure compensation through averaging is excluded.

Quality Management, Learning Development and Digital Delivery

- Performance data are retained at course-unit and assessment-component level.
- Individual learning difficulties trigger tutorials, feedback, reassessment or targeted development measures.
- Group-level patterns trigger review of didactics, methodology, assessment and Learning Objects.
- Teaching videos are version-controlled; only affected content, translations and assessments are updated.