



Yushin-Ryu Private University

Curriculum in Sport Pedagogy and Martial Arts

Bachelor of Science (B.Sc.) - 240 ECTS

Master of Science (M.Sc.) - 100 ECTS

Complete curriculum dossier including module, ECTS, workload, theory/practice, assessment, progression and quality-management structures.

Foundational model and system logic developed by
Prof. Dr. Frank Benjamin Weibel

Version 1.0 | As at 31 July 2026

Conceptual publication edition - subject to required academic, legal, professional and accreditation approvals.



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Author and developer of the foundational model: Prof. Dr. Frank Benjamin Weibel

Publisher: Yushin-Ryu Private University LLC

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This dossier documents the bachelor and master degree programmes in the profile Sport Pedagogy and Martial Arts. The core academic architecture, the four bachelor stages, the ECTS and workload logic, the assessment structure, and the quality and reuse logic are based on the foundational model developed by Prof. Dr. Frank Benjamin Weibel.

Document parameter	Binding specification
Bachelor	240 ECTS / 6,000 hours / four stages of 60 ECTS each
Master	100 ECTS / 2,500 hours / four semesters of 25 ECTS each
Bachelor theory / practice	180 ECTS / 60 ECTS = 4,500 / 1,500 hours
Master theory / practice	75 ECTS / 25 ECTS = 1,875 / 625 hours
Assessment	Written, oral and practical/research-related: 33.33% each
Pass threshold	66.67% plus component-specific progression and fail rules
Academic lead	Institute for Sport Teacher Education (7.5.0)

Legal and Status Notice

This curriculum describes an academic qualification. Access to state-regulated teaching, school, coaching or professional roles is governed by the applicable national law and the competent recognition authorities.

The award titles and delivery of the degree programme remain subject to all required institutional, programme-specific, professional-regulatory and state approvals. This dossier does not replace an accreditation decision.

Source and Version Basis

- Curriculum in Sport and Movement Sciences - three profiles, working edition Version 1.0.
- Courses and lectures of the Faculty of Sport and Movement Sciences.
- University workbook containing the ECTS, hours and academic-unit structure.
- Yushin-Ryu grade framework with equal written, oral and practical weighting.
- Binding specifications from the joint curriculum-development process up to 31 July 2026.

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Document Depth

Each module is documented on a dedicated page, including ECTS, workload, theory/practice allocation, course units, learning outcomes, teaching and learning methods, assessment logic, student support, quality management, and links to Learning Objects and teaching videos. The level of detail is at least equivalent to the Mathematics dossier.

1. Profile, Study Framework and Progression Architecture

Subject profile: sport and martial arts pedagogy, didactics, training science, leadership and safety.

The curriculum follows a coherent modular architecture. The four bachelor stages of 60 ECTS each support controlled and traceable competency development; the master programme advances students towards independent academic, professional and research practice.

Study phase	ECTS	Workload	Theory	Practice / research
Bachelor Stage 1	60	1,500 hours	45 ECTS / 1,125 hours	15 ECTS / 375 hours
Bachelor Stage 2	60	1,500 hours	45 ECTS / 1,125 hours	15 ECTS / 375 hours
Bachelor Stage 3	60	1,500 hours	45 ECTS / 1,125 hours	15 ECTS / 375 hours
Bachelor Stage 4	60	1,500 hours	45 ECTS / 1,125 hours	15 ECTS / 375 hours
Master total	100	2,500 hours	75 ECTS / 1,875 hours	25 ECTS / 625 hours
Total through master	340	8,500 hours	255 ECTS / 6,375 hours	85 ECTS / 2,125 hours

Didactic Progression

- Stage 1: understand foundations, apply them safely and document work accurately.
- Stage 2: establish relationships, select methods on a reasoned basis and guide learning processes.
- Stage 3: independently address complex cases, movements, teaching situations or research questions.
- Stage 4: integrate, evaluate, assume responsibility, conduct research and defend results.
- Master: deepen, synthesise, develop independently, evaluate and publish.

Binding Assessment Logic

Written, oral and practical or research-related performance is weighted equally. A module is passed only when the overall result is at least 66.67% and at least two performance components have each been passed independently and demonstrate secure subject competence.

Module Scope

This dossier documents 33 bachelor modules and 8 master modules. Each module is described independently. Cross-programme overlaps will be consolidated only in a subsequent comparative and Learning Object phase.

SBW-B101 - Anatomy and Functional Anatomy

Bachelor Stage 1 - Interdisciplinary Foundations

Parameter	Specification	Parameter	Specification
Study phase	Bachelor Stage 1	ECTS / workload	10 ECTS / 250 hours
Theory	8 ECTS / 200 hours	Practice / research	2 ECTS / 50 hours
Module status	Compulsory or profile-specific core module	Version	1.0 / As at 31 July 2026

Module Profile

The skeleton, joints, muscles, tendons, ligaments, nerves and functional movement chains.

Teaching and Course Units

Course unit	ECTS	Weight
skeleton and joints	2.5	25%
Muscles	2.5	25%
tendons and ligaments	2.5	25%
nerves and functional movement chains	2.5	25%

Learning Outcomes

- Explain the core concepts, models and relationships of the module "Anatomy and Functional Anatomy" accurately and in appropriate academic language.
- Analyse and apply skeleton and joints and muscles in a structured manner.
- Transfer tendons and ligaments to movement-, teaching-, health- or research-related situations.
- Justify results in written, oral and practical or project-based formats.
- Identify and document sources of error, limitations, safety considerations and quality requirements.

Teaching, Learning and Student-Support Methods

Teaching videos and digital Learning Objects; seminars and tutorials; exercises, case studies or movement analysis; guided practice or project work; independent study; formative feedback and targeted development pathways.

Assessment and Grading

Performance component	Weight	Typical evidence
Written	33.33%	Written examination, paper, research report, portfolio or academic documentation
Oral	33.33%	Oral examination, presentation, colloquium, teaching demonstration or defence
Practical / research-related	33.33%	Demonstration, video analysis, project, simulation, data analysis or methodological implementation

Pass requirement: at least 66.67% overall; at least two components must each be passed independently and demonstrate secure subject competence. Pure compensation through averaging is excluded.

Quality Management, Learning Development and Digital Delivery

- Performance data are retained at course-unit and assessment-component level.
- Individual learning difficulties trigger tutorials, feedback, reassessment or targeted development measures.
- Group-level patterns trigger review of didactics, methodology, assessment and Learning Objects.
- Teaching videos are version-controlled; only affected content, translations and assessments are updated.

SBW-B102 - Physiology and Exercise Physiology I

Bachelor Stage 1 - Interdisciplinary Foundations

Parameter	Specification	Parameter	Specification
Study phase	Bachelor Stage 1	ECTS / workload	8 ECTS / 200 hours
Theory	6.5 ECTS / 162.5 hours	Practice / research	1.5 ECTS / 37.5 hours
Module status	Compulsory or profile-specific core module	Version	1.0 / As at 31 July 2026

Module Profile

Cardiorespiratory function, metabolism, homeostasis, physical load and recovery.

Teaching and Course Units

Course unit	ECTS	Weight
cardiorespiratory function	2	25%
Metabolism	2	25%
Homeostasis	2	25%
physical load and recovery	2	25%

Learning Outcomes

- Explain the core concepts, models and relationships of the module "Physiology and Exercise Physiology I" accurately and in appropriate academic language.
- Analyse and apply cardiorespiratory function and metabolism in a structured manner.
- Transfer homeostasis to movement-, teaching-, health- or research-related situations.
- Justify results in written, oral and practical or project-based formats.
- Identify and document sources of error, limitations, safety considerations and quality requirements.

Teaching, Learning and Student-Support Methods

Teaching videos and digital Learning Objects; seminars and tutorials; exercises, case studies or movement analysis; guided practice or project work; independent study; formative feedback and targeted development pathways.

Assessment and Grading

Performance component	Weight	Typical evidence
Written	33.33%	Written examination, paper, research report, portfolio or academic documentation
Oral	33.33%	Oral examination, presentation, colloquium, teaching demonstration or defence
Practical / research-related	33.33%	Demonstration, video analysis, project, simulation, data analysis or methodological implementation

Pass requirement: at least 66.67% overall; at least two components must each be passed independently and demonstrate secure subject competence. Pure compensation through averaging is excluded.

Quality Management, Learning Development and Digital Delivery

- Performance data are retained at course-unit and assessment-component level.
- Individual learning difficulties trigger tutorials, feedback, reassessment or targeted development measures.
- Group-level patterns trigger review of didactics, methodology, assessment and Learning Objects.
- Teaching videos are version-controlled; only affected content, translations and assessments are updated.

SBW-B103 - Movement Science and Motor Function I

Bachelor Stage 1 - Interdisciplinary Foundations

Parameter	Specification	Parameter	Specification
Study phase	Bachelor Stage 1	ECTS / workload	8 ECTS / 200 hours
Theory	5.5 ECTS / 137.5 hours	Practice / research	2.5 ECTS / 62.5 hours
Module status	Compulsory or profile-specific core module	Version	1.0 / As at 31 July 2026

Module Profile

Motor development, coordination, movement control and movement observation.

Teaching and Course Units

Course unit	ECTS	Weight
Motor development	2	25%
Coordination	2	25%
movement control and movement observation	2	25%
Application and disciplinary transfer	2	25%

Learning Outcomes

- Explain the core concepts, models and relationships of the module "Movement Science and Motor Function I" accurately and in appropriate academic language.
- Analyse and apply motor development and coordination in a structured manner.
- Transfer movement control and movement observation to movement-, teaching-, health- or research-related situations.
- Justify results in written, oral and practical or project-based formats.
- Identify and document sources of error, limitations, safety considerations and quality requirements.

Teaching, Learning and Student-Support Methods

Teaching videos and digital Learning Objects; seminars and tutorials; exercises, case studies or movement analysis; guided practice or project work; independent study; formative feedback and targeted development pathways.

Assessment and Grading

Performance component	Weight	Typical evidence
Written	33.33%	Written examination, paper, research report, portfolio or academic documentation
Oral	33.33%	Oral examination, presentation, colloquium, teaching demonstration or defence
Practical / research-related	33.33%	Demonstration, video analysis, project, simulation, data analysis or methodological implementation

Pass requirement: at least 66.67% overall; at least two components must each be passed independently and demonstrate secure subject competence. Pure compensation through averaging is excluded.

Quality Management, Learning Development and Digital Delivery

- Performance data are retained at course-unit and assessment-component level.
- Individual learning difficulties trigger tutorials, feedback, reassessment or targeted development measures.
- Group-level patterns trigger review of didactics, methodology, assessment and Learning Objects.
- Teaching videos are version-controlled; only affected content, translations and assessments are updated.

SBW-B104 - Biomechanics and the Physics of Movement I

Bachelor Stage 1 - Interdisciplinary Foundations

Parameter	Specification	Parameter	Specification
Study phase	Bachelor Stage 1	ECTS / workload	8 ECTS / 200 hours
Theory	5.5 ECTS / 137.5 hours	Practice / research	2.5 ECTS / 62.5 hours
Module status	Compulsory or profile-specific core module	Version	1.0 / As at 31 July 2026

Module Profile

Force, levers, momentum, rotation, balance, and striking, kicking and throwing movements.

Teaching and Course Units

Course unit	ECTS	Weight
Force and levers	2	25%
Momentum and rotation	2	25%
balance and striking movements	2	25%
kicking and throwing movements	2	25%

Learning Outcomes

- Explain the core concepts, models and relationships of the module "Biomechanics and the Physics of Movement I" accurately and in appropriate academic language.
- Analyse and apply force and levers and momentum and rotation in a structured manner.
- Transfer balance and striking movements to movement-, teaching-, health- or research-related situations.
- Justify results in written, oral and practical or project-based formats.
- Identify and document sources of error, limitations, safety considerations and quality requirements.

Teaching, Learning and Student-Support Methods

Teaching videos and digital Learning Objects; seminars and tutorials; exercises, case studies or movement analysis; guided practice or project work; independent study; formative feedback and targeted development pathways.

Assessment and Grading

Performance component	Weight	Typical evidence
Written	33.33%	Written examination, paper, research report, portfolio or academic documentation
Oral	33.33%	Oral examination, presentation, colloquium, teaching demonstration or defence
Practical / research-related	33.33%	Demonstration, video analysis, project, simulation, data analysis or methodological implementation

Pass requirement: at least 66.67% overall; at least two components must each be passed independently and demonstrate secure subject competence. Pure compensation through averaging is excluded.

Quality Management, Learning Development and Digital Delivery

- Performance data are retained at course-unit and assessment-component level.
- Individual learning difficulties trigger tutorials, feedback, reassessment or targeted development measures.
- Group-level patterns trigger review of didactics, methodology, assessment and Learning Objects.
- Teaching videos are version-controlled; only affected content, translations and assessments are updated.

SBW-B105 - Training Science I

Bachelor Stage 1 - Interdisciplinary Foundations

Parameter	Specification	Parameter	Specification
Study phase	Bachelor Stage 1	ECTS / workload	6 ECTS / 150 hours
Theory	4 ECTS / 100 hours	Practice / research	2 ECTS / 50 hours
Module status	Compulsory or profile-specific core module	Version	1.0 / As at 31 July 2026

Module Profile

Training-load parameters, adaptation, warm-up, stretching and fundamental training planning.

Teaching and Course Units

Course unit	ECTS	Weight
Belastungsnormative	1.5	25%
Adaptation	1.5	25%
Warm-up	1.5	25%
stretching and fundamental training planning	1.5	25%

Learning Outcomes

- Explain the core concepts, models and relationships of the module "Training Science I" accurately and in appropriate academic language.
- Analyse and apply belastungsnormative and adaptation in a structured manner.
- Transfer warm-up to movement-, teaching-, health- or research-related situations.
- Justify results in written, oral and practical or project-based formats.
- Identify and document sources of error, limitations, safety considerations and quality requirements.

Teaching, Learning and Student-Support Methods

Teaching videos and digital Learning Objects; seminars and tutorials; exercises, case studies or movement analysis; guided practice or project work; independent study; formative feedback and targeted development pathways.

Assessment and Grading

Performance component	Weight	Typical evidence
Written	33.33%	Written examination, paper, research report, portfolio or academic documentation
Oral	33.33%	Oral examination, presentation, colloquium, teaching demonstration or defence
Practical / research-related	33.33%	Demonstration, video analysis, project, simulation, data analysis or methodological implementation

Pass requirement: at least 66.67% overall; at least two components must each be passed independently and demonstrate secure subject competence. Pure compensation through averaging is excluded.

Quality Management, Learning Development and Digital Delivery

- Performance data are retained at course-unit and assessment-component level.
- Individual learning difficulties trigger tutorials, feedback, reassessment or targeted development measures.
- Group-level patterns trigger review of didactics, methodology, assessment and Learning Objects.
- Teaching videos are version-controlled; only affected content, translations and assessments are updated.

SBW-B106 - Psychology, Development and Learning

Bachelor Stage 1 - Interdisciplinary Foundations

Parameter	Specification	Parameter	Specification
Study phase	Bachelor Stage 1	ECTS / workload	6 ECTS / 150 hours
Theory	5 ECTS / 125 hours	Practice / research	1 ECTS / 25 hours
Module status	Compulsory or profile-specific core module	Version	1.0 / As at 31 July 2026

Module Profile

General, developmental, learning and social psychology in movement and sport contexts.

Teaching and Course Units

Course unit	ECTS	Weight
Allgemeine	1.5	25%
Entwicklungs-	1.5	25%
learning and social psychology in movement and sport contexts	1.5	25%
Application and disciplinary transfer	1.5	25%

Learning Outcomes

- Explain the core concepts, models and relationships of the module "Psychology, Development and Learning" accurately and in appropriate academic language.
- Analyse and apply allgemeine und entwicklungs- in a structured manner.
- Transfer learning and social psychology in movement and sport contexts to movement-, teaching-, health- or research-related situations.
- Justify results in written, oral and practical or project-based formats.
- Identify and document sources of error, limitations, safety considerations and quality requirements.

Teaching, Learning and Student-Support Methods

Teaching videos and digital Learning Objects; seminars and tutorials; exercises, case studies or movement analysis; guided practice or project work; independent study; formative feedback and targeted development pathways.

Assessment and Grading

Performance component	Weight	Typical evidence
Written	33.33%	Written examination, paper, research report, portfolio or academic documentation
Oral	33.33%	Oral examination, presentation, colloquium, teaching demonstration or defence
Practical / research-related	33.33%	Demonstration, video analysis, project, simulation, data analysis or methodological implementation

Pass requirement: at least 66.67% overall; at least two components must each be passed independently and demonstrate secure subject competence. Pure compensation through averaging is excluded.

Quality Management, Learning Development and Digital Delivery

- Performance data are retained at course-unit and assessment-component level.
- Individual learning difficulties trigger tutorials, feedback, reassessment or targeted development measures.
- Group-level patterns trigger review of didactics, methodology, assessment and Learning Objects.
- Teaching videos are version-controlled; only affected content, translations and assessments are updated.

SBW-B107 - Communication and Resource-Oriented Flow Communication I

Bachelor Stage 1 - Interdisciplinary Foundations

Parameter	Specification	Parameter	Specification
Study phase	Bachelor Stage 1	ECTS / workload	6 ECTS / 150 hours
Theory	5 ECTS / 125 hours	Practice / research	1 ECTS / 25 hours
Module status	Compulsory or profile-specific core module	Version	1.0 / As at 31 July 2026

Module Profile

Verbal and non-verbal communication, relationships, presence, perception and feedback.

Teaching and Course Units

Course unit	ECTS	Weight
verbal and non-verbal communication	1.5	25%
Beziehung	1.5	25%
Presence	1.5	25%
perception and feedback	1.5	25%

Learning Outcomes

- Explain the core concepts, models and relationships of the module "Communication and Resource-Oriented Flow Communication I" accurately and in appropriate academic language.
- Analyse and apply verbal and non-verbal communication and beziehung in a structured manner.
- Transfer presence to movement-, teaching-, health- or research-related situations.
- Justify results in written, oral and practical or project-based formats.
- Identify and document sources of error, limitations, safety considerations and quality requirements.

Teaching, Learning and Student-Support Methods

Teaching videos and digital Learning Objects; seminars and tutorials; exercises, case studies or movement analysis; guided practice or project work; independent study; formative feedback and targeted development pathways.

Assessment and Grading

Performance component	Weight	Typical evidence
Written	33.33%	Written examination, paper, research report, portfolio or academic documentation
Oral	33.33%	Oral examination, presentation, colloquium, teaching demonstration or defence
Practical / research-related	33.33%	Demonstration, video analysis, project, simulation, data analysis or methodological implementation

Pass requirement: at least 66.67% overall; at least two components must each be passed independently and demonstrate secure subject competence. Pure compensation through averaging is excluded.

Quality Management, Learning Development and Digital Delivery

- Performance data are retained at course-unit and assessment-component level.
- Individual learning difficulties trigger tutorials, feedback, reassessment or targeted development measures.
- Group-level patterns trigger review of didactics, methodology, assessment and Learning Objects.
- Teaching videos are version-controlled; only affected content, translations and assessments are updated.

SBW-B108 - Academic Work and Evidence I

Bachelor Stage 1 - Interdisciplinary Foundations

Parameter	Specification	Parameter	Specification
Study phase	Bachelor Stage 1	ECTS / workload	4 ECTS / 100 hours
Theory	3.5 ECTS / 87.5 hours	Practice / research	0.5 ECTS / 12.5 hours
Module status	Compulsory or profile-specific core module	Version	1.0 / As at 31 July 2026

Module Profile

Literature work, research questions, study logic, documentation and academic integrity.

Teaching and Course Units

Course unit	ECTS	Weight
Literature work	1	25%
Questions	1	25%
Study logic	1	25%
documentation and academic integrity	1	25%

Learning Outcomes

- Explain the core concepts, models and relationships of the module "Academic Work and Evidence I" accurately and in appropriate academic language.
- Analyse and apply literature work and questions in a structured manner.
- Transfer study logic to movement-, teaching-, health- or research-related situations.
- Justify results in written, oral and practical or project-based formats.
- Identify and document sources of error, limitations, safety considerations and quality requirements.

Teaching, Learning and Student-Support Methods

Teaching videos and digital Learning Objects; seminars and tutorials; exercises, case studies or movement analysis; guided practice or project work; independent study; formative feedback and targeted development pathways.

Assessment and Grading

Performance component	Weight	Typical evidence
Written	33.33%	Written examination, paper, research report, portfolio or academic documentation
Oral	33.33%	Oral examination, presentation, colloquium, teaching demonstration or defence
Practical / research-related	33.33%	Demonstration, video analysis, project, simulation, data analysis or methodological implementation

Pass requirement: at least 66.67% overall; at least two components must each be passed independently and demonstrate secure subject competence. Pure compensation through averaging is excluded.

Quality Management, Learning Development and Digital Delivery

- Performance data are retained at course-unit and assessment-component level.
- Individual learning difficulties trigger tutorials, feedback, reassessment or targeted development measures.
- Group-level patterns trigger review of didactics, methodology, assessment and Learning Objects.
- Teaching videos are version-controlled; only affected content, translations and assessments are updated.

SBW-B109 - First Aid, Safety and Accident Prevention I

Bachelor Stage 1 - Interdisciplinary Foundations

Parameter	Specification	Parameter	Specification
Study phase	Bachelor Stage 1	ECTS / workload	4 ECTS / 100 hours
Theory	2 ECTS / 50 hours	Practice / research	2 ECTS / 50 hours
Module status	Compulsory or profile-specific core module	Version	1.0 / As at 31 July 2026

Module Profile

Hazard analysis, prevention, emergency fundamentals and safe learning and training environments.

Teaching and Course Units

Course unit	ECTS	Weight
Hazard analysis	1	25%
Prevention	1	25%
emergency fundamentals and safe learning and training environments	1	25%
Application and disciplinary transfer	1	25%

Learning Outcomes

- Explain the core concepts, models and relationships of the module "First Aid, Safety and Accident Prevention I" accurately and in appropriate academic language.
- Analyse and apply hazard analysis and prevention in a structured manner.
- Transfer emergency fundamentals and safe learning and training environments to movement-, teaching-, health- or research-related situations.
- Justify results in written, oral and practical or project-based formats.
- Identify and document sources of error, limitations, safety considerations and quality requirements.

Teaching, Learning and Student-Support Methods

Teaching videos and digital Learning Objects; seminars and tutorials; exercises, case studies or movement analysis; guided practice or project work; independent study; formative feedback and targeted development pathways.

Assessment and Grading

Performance component	Weight	Typical evidence
Written	33.33%	Written examination, paper, research report, portfolio or academic documentation
Oral	33.33%	Oral examination, presentation, colloquium, teaching demonstration or defence
Practical / research-related	33.33%	Demonstration, video analysis, project, simulation, data analysis or methodological implementation

Pass requirement: at least 66.67% overall; at least two components must each be passed independently and demonstrate secure subject competence. Pure compensation through averaging is excluded.

Quality Management, Learning Development and Digital Delivery

- Performance data are retained at course-unit and assessment-component level.
- Individual learning difficulties trigger tutorials, feedback, reassessment or targeted development measures.
- Group-level patterns trigger review of didactics, methodology, assessment and Learning Objects.
- Teaching videos are version-controlled; only affected content, translations and assessments are updated.

SBW-B201 - Sports Medicine, Physiology II and Performance Diagnostics

Bachelor Stage 2 - Mechanisms, Education and Prevention

Parameter	Specification	Parameter	Specification
Study phase	Bachelor Stage 2	ECTS / workload	10 ECTS / 250 hours
Theory	8 ECTS / 200 hours	Practice / research	2 ECTS / 50 hours
Module status	Compulsory or profile-specific core module	Version	1.0 / As at 31 July 2026

Module Profile

Responses to physical load, functional diagnostics, overuse, injury mechanisms and recovery.

Teaching and Course Units

Course unit	ECTS	Weight
Responses to physical load	2.5	25%
Functional diagnostics	2.5	25%
Overuse	2.5	25%
injury mechanisms and recovery	2.5	25%

Learning Outcomes

- Explain the core concepts, models and relationships of the module "Sports Medicine, Physiology II and Performance Diagnostics" accurately and in appropriate academic language.
- Analyse and apply responses to physical load and functional diagnostics in a structured manner.
- Transfer overuse to movement-, teaching-, health- or research-related situations.
- Justify results in written, oral and practical or project-based formats.
- Identify and document sources of error, limitations, safety considerations and quality requirements.

Teaching, Learning and Student-Support Methods

Teaching videos and digital Learning Objects; seminars and tutorials; exercises, case studies or movement analysis; guided practice or project work; independent study; formative feedback and targeted development pathways.

Assessment and Grading

Performance component	Weight	Typical evidence
Written	33.33%	Written examination, paper, research report, portfolio or academic documentation
Oral	33.33%	Oral examination, presentation, colloquium, teaching demonstration or defence
Practical / research-related	33.33%	Demonstration, video analysis, project, simulation, data analysis or methodological implementation

Pass requirement: at least 66.67% overall; at least two components must each be passed independently and demonstrate secure subject competence. Pure compensation through averaging is excluded.

Quality Management, Learning Development and Digital Delivery

- Performance data are retained at course-unit and assessment-component level.
- Individual learning difficulties trigger tutorials, feedback, reassessment or targeted development measures.
- Group-level patterns trigger review of didactics, methodology, assessment and Learning Objects.
- Teaching videos are version-controlled; only affected content, translations and assessments are updated.

SBW-B202 - Motor Learning, Neurobiology and Psychomotor Function

Bachelor Stage 2 - Mechanisms, Education and Prevention

Parameter	Specification	Parameter	Specification
Study phase	Bachelor Stage 2	ECTS / workload	8 ECTS / 200 hours
Theory	6 ECTS / 150 hours	Practice / research	2 ECTS / 50 hours
Module status	Compulsory or profile-specific core module	Version	1.0 / As at 31 July 2026

Module Profile

Sensory systems, motor function, neural regulation, body awareness and motor development trajectories.

Teaching and Course Units

Course unit	ECTS	Weight
Sensory systems	2	25%
Motor function	2	25%
Neural regulation	2	25%
body awareness and motor development trajectories	2	25%

Learning Outcomes

- Explain the core concepts, models and relationships of the module "Motor Learning, Neurobiology and Psychomotor Function" accurately and in appropriate academic language.
- Analyse and apply sensory systems and motor function in a structured manner.
- Transfer neural regulation to movement-, teaching-, health- or research-related situations.
- Justify results in written, oral and practical or project-based formats.
- Identify and document sources of error, limitations, safety considerations and quality requirements.

Teaching, Learning and Student-Support Methods

Teaching videos and digital Learning Objects; seminars and tutorials; exercises, case studies or movement analysis; guided practice or project work; independent study; formative feedback and targeted development pathways.

Assessment and Grading

Performance component	Weight	Typical evidence
Written	33.33%	Written examination, paper, research report, portfolio or academic documentation
Oral	33.33%	Oral examination, presentation, colloquium, teaching demonstration or defence
Practical / research-related	33.33%	Demonstration, video analysis, project, simulation, data analysis or methodological implementation

Pass requirement: at least 66.67% overall; at least two components must each be passed independently and demonstrate secure subject competence. Pure compensation through averaging is excluded.

Quality Management, Learning Development and Digital Delivery

- Performance data are retained at course-unit and assessment-component level.
- Individual learning difficulties trigger tutorials, feedback, reassessment or targeted development measures.
- Group-level patterns trigger review of didactics, methodology, assessment and Learning Objects.
- Teaching videos are version-controlled; only affected content, translations and assessments are updated.

SBW-B203 - Training Science II

Bachelor Stage 2 - Mechanisms, Education and Prevention

Parameter	Specification	Parameter	Specification
Study phase	Bachelor Stage 2	ECTS / workload	8 ECTS / 200 hours
Theory	5.5 ECTS / 137.5 hours	Practice / research	2.5 ECTS / 62.5 hours
Module status	Compulsory or profile-specific core module	Version	1.0 / As at 31 July 2026

Module Profile

Short-, medium- and long-term planning, resource orientation and target-group-specific regulation.

Teaching and Course Units

Course unit	ECTS	Weight
Kurz-	2	25%
Mittel- and long-term Planung	2	25%
Resource orientation and zielgruppengerechte Steuerung	2	25%
Application and disciplinary transfer	2	25%

Learning Outcomes

- Explain the core concepts, models and relationships of the module "Training Science II" accurately and in appropriate academic language.
- Analyse and apply kurz- and mittel- and long-term planung in a structured manner.
- Transfer resource orientation and zielgruppengerechte steuerung to movement-, teaching-, health- or research-related situations.
- Justify results in written, oral and practical or project-based formats.
- Identify and document sources of error, limitations, safety considerations and quality requirements.

Teaching, Learning and Student-Support Methods

Teaching videos and digital Learning Objects; seminars and tutorials; exercises, case studies or movement analysis; guided practice or project work; independent study; formative feedback and targeted development pathways.

Assessment and Grading

Performance component	Weight	Typical evidence
Written	33.33%	Written examination, paper, research report, portfolio or academic documentation
Oral	33.33%	Oral examination, presentation, colloquium, teaching demonstration or defence
Practical / research-related	33.33%	Demonstration, video analysis, project, simulation, data analysis or methodological implementation

Pass requirement: at least 66.67% overall; at least two components must each be passed independently and demonstrate secure subject competence. Pure compensation through averaging is excluded.

Quality Management, Learning Development and Digital Delivery

- Performance data are retained at course-unit and assessment-component level.
- Individual learning difficulties trigger tutorials, feedback, reassessment or targeted development measures.
- Group-level patterns trigger review of didactics, methodology, assessment and Learning Objects.
- Teaching videos are version-controlled; only affected content, translations and assessments are updated.

SBW-B204 - Sport Psychology and Mental Regulation

Bachelor Stage 2 - Mechanisms, Education and Prevention

Parameter	Specification	Parameter	Specification
Study phase	Bachelor Stage 2	ECTS / workload	8 ECTS / 200 hours
Theory	6.5 ECTS / 162.5 hours	Practice / research	1.5 ECTS / 37.5 hours
Module status	Compulsory or profile-specific core module	Version	1.0 / As at 31 July 2026

Module Profile

Motivation, emotion, attention, stress, self-regulation and performance psychology.

Teaching and Course Units

Course unit	ECTS	Weight
Motivation and Emotion	2	25%
Attention	2	25%
Stress	2	25%
Self-regulation and Leistungspsychologie	2	25%

Learning Outcomes

- Explain the core concepts, models and relationships of the module "Sport Psychology and Mental Regulation" accurately and in appropriate academic language.
- Analyse and apply motivation and emotion and attention in a structured manner.
- Transfer stress to movement-, teaching-, health- or research-related situations.
- Justify results in written, oral and practical or project-based formats.
- Identify and document sources of error, limitations, safety considerations and quality requirements.

Teaching, Learning and Student-Support Methods

Teaching videos and digital Learning Objects; seminars and tutorials; exercises, case studies or movement analysis; guided practice or project work; independent study; formative feedback and targeted development pathways.

Assessment and Grading

Performance component	Weight	Typical evidence
Written	33.33%	Written examination, paper, research report, portfolio or academic documentation
Oral	33.33%	Oral examination, presentation, colloquium, teaching demonstration or defence
Practical / research-related	33.33%	Demonstration, video analysis, project, simulation, data analysis or methodological implementation

Pass requirement: at least 66.67% overall; at least two components must each be passed independently and demonstrate secure subject competence. Pure compensation through averaging is excluded.

Quality Management, Learning Development and Digital Delivery

- Performance data are retained at course-unit and assessment-component level.
- Individual learning difficulties trigger tutorials, feedback, reassessment or targeted development measures.
- Group-level patterns trigger review of didactics, methodology, assessment and Learning Objects.
- Teaching videos are version-controlled; only affected content, translations and assessments are updated.

SBW-B205 - Sport Pedagogy, Didactics and Inclusion

Bachelor Stage 2 - Mechanisms, Education and Prevention

Parameter	Specification	Parameter	Specification
Study phase	Bachelor Stage 2	ECTS / workload	8 ECTS / 200 hours
Theory	5.5 ECTS / 137.5 hours	Practice / research	2.5 ECTS / 62.5 hours
Module status	Compulsory or profile-specific core module	Version	1.0 / As at 31 July 2026

Module Profile

Teaching and learning planning, differentiation, foundations of special education and inclusive movement practice.

Teaching and Course Units

Course unit	ECTS	Weight
teaching and learning planning	2	25%
Differentiation	2	25%
foundations of special education and inclusive movement practice	2	25%
Application and disciplinary transfer	2	25%

Learning Outcomes

- Explain the core concepts, models and relationships of the module "Sport Pedagogy, Didactics and Inclusion" accurately and in appropriate academic language.
- Analyse and apply teaching and learning planning and differentiation in a structured manner.
- Transfer foundations of special education and inclusive movement practice to movement-, teaching-, health- or research-related situations.
- Justify results in written, oral and practical or project-based formats.
- Identify and document sources of error, limitations, safety considerations and quality requirements.

Teaching, Learning and Student-Support Methods

Teaching videos and digital Learning Objects; seminars and tutorials; exercises, case studies or movement analysis; guided practice or project work; independent study; formative feedback and targeted development pathways.

Assessment and Grading

Performance component	Weight	Typical evidence
Written	33.33%	Written examination, paper, research report, portfolio or academic documentation
Oral	33.33%	Oral examination, presentation, colloquium, teaching demonstration or defence
Practical / research-related	33.33%	Demonstration, video analysis, project, simulation, data analysis or methodological implementation

Pass requirement: at least 66.67% overall; at least two components must each be passed independently and demonstrate secure subject competence. Pure compensation through averaging is excluded.

Quality Management, Learning Development and Digital Delivery

- Performance data are retained at course-unit and assessment-component level.
- Individual learning difficulties trigger tutorials, feedback, reassessment or targeted development measures.
- Group-level patterns trigger review of didactics, methodology, assessment and Learning Objects.
- Teaching videos are version-controlled; only affected content, translations and assessments are updated.

SBW-B206 - Nutrition, Prevention and Rehabilitation

Bachelor Stage 2 - Mechanisms, Education and Prevention

Parameter	Specification	Parameter	Specification
Study phase	Bachelor Stage 2	ECTS / workload	6 ECTS / 150 hours
Theory	4.5 ECTS / 112.5 hours	Practice / research	1.5 ECTS / 37.5 hours
Module status	Compulsory or profile-specific core module	Version	1.0 / As at 31 July 2026

Module Profile

Sports nutrition, health promotion, prevention principles and rehabilitation fundamentals.

Teaching and Course Units

Course unit	ECTS	Weight
Sports nutrition	1.5	25%
health promotion	1.5	25%
Prevention principles and rehabilitation fundamentals	1.5	25%
Application and disciplinary transfer	1.5	25%

Learning Outcomes

- Explain the core concepts, models and relationships of the module "Nutrition, Prevention and Rehabilitation" accurately and in appropriate academic language.
- Analyse and apply sports nutrition and health promotion in a structured manner.
- Transfer prevention principles and rehabilitation fundamentals to movement-, teaching-, health- or research-related situations.
- Justify results in written, oral and practical or project-based formats.
- Identify and document sources of error, limitations, safety considerations and quality requirements.

Teaching, Learning and Student-Support Methods

Teaching videos and digital Learning Objects; seminars and tutorials; exercises, case studies or movement analysis; guided practice or project work; independent study; formative feedback and targeted development pathways.

Assessment and Grading

Performance component	Weight	Typical evidence
Written	33.33%	Written examination, paper, research report, portfolio or academic documentation
Oral	33.33%	Oral examination, presentation, colloquium, teaching demonstration or defence
Practical / research-related	33.33%	Demonstration, video analysis, project, simulation, data analysis or methodological implementation

Pass requirement: at least 66.67% overall; at least two components must each be passed independently and demonstrate secure subject competence. Pure compensation through averaging is excluded.

Quality Management, Learning Development and Digital Delivery

- Performance data are retained at course-unit and assessment-component level.
- Individual learning difficulties trigger tutorials, feedback, reassessment or targeted development measures.
- Group-level patterns trigger review of didactics, methodology, assessment and Learning Objects.
- Teaching videos are version-controlled; only affected content, translations and assessments are updated.

SBW-B207 - Research Methods and Statistics II

Bachelor Stage 2 - Mechanisms, Education and Prevention

Parameter	Specification	Parameter	Specification
Study phase	Bachelor Stage 2	ECTS / workload	6 ECTS / 150 hours
Theory	5 ECTS / 125 hours	Practice / research	1 ECTS / 25 hours
Module status	Compulsory or profile-specific core module	Version	1.0 / As at 31 July 2026

Module Profile

Quantitative, qualitative and mixed methods, together with the fundamentals of data analysis.

Teaching and Course Units

Course unit	ECTS	Weight
Quantitative	1.5	25%
Qualitative and gemischte methods	1.5	25%
Foundations of data analysis	1.5	25%
Application and disciplinary transfer	1.5	25%

Learning Outcomes

- Explain the core concepts, models and relationships of the module "Research Methods and Statistics II" accurately and in appropriate academic language.
- Analyse and apply quantitative and qualitative and gemischte methods in a structured manner.
- Transfer foundations of data analysis to movement-, teaching-, health- or research-related situations.
- Justify results in written, oral and practical or project-based formats.
- Identify and document sources of error, limitations, safety considerations and quality requirements.

Teaching, Learning and Student-Support Methods

Teaching videos and digital Learning Objects; seminars and tutorials; exercises, case studies or movement analysis; guided practice or project work; independent study; formative feedback and targeted development pathways.

Assessment and Grading

Performance component	Weight	Typical evidence
Written	33.33%	Written examination, paper, research report, portfolio or academic documentation
Oral	33.33%	Oral examination, presentation, colloquium, teaching demonstration or defence
Practical / research-related	33.33%	Demonstration, video analysis, project, simulation, data analysis or methodological implementation

Pass requirement: at least 66.67% overall; at least two components must each be passed independently and demonstrate secure subject competence. Pure compensation through averaging is excluded.

Quality Management, Learning Development and Digital Delivery

- Performance data are retained at course-unit and assessment-component level.
- Individual learning difficulties trigger tutorials, feedback, reassessment or targeted development measures.
- Group-level patterns trigger review of didactics, methodology, assessment and Learning Objects.
- Teaching videos are version-controlled; only affected content, translations and assessments are updated.

SBW-B208 - Communication II, Ethics, Law and Safeguarding

Bachelor Stage 2 - Mechanisms, Education and Prevention

Parameter	Specification	Parameter	Specification
Study phase	Bachelor Stage 2	ECTS / workload	6 ECTS / 150 hours
Theory	4 ECTS / 100 hours	Practice / research	2 ECTS / 50 hours
Module status	Compulsory or profile-specific core module	Version	1.0 / As at 31 July 2026

Module Profile

Conflict communication, professional proximity and distance, safeguarding concepts, self-defence, defence of others and responsibility.

Teaching and Course Units

Course unit	ECTS	Weight
Konfliktkommunikation	1.5	25%
Proximity and distance	1.5	25%
Schutzkonzepte	1.5	25%
self-defence, defence of others and responsibility	1.5	25%

Learning Outcomes

- Explain the core concepts, models and relationships of the module "Communication II, Ethics, Law and Safeguarding" accurately and in appropriate academic language.
- Analyse and apply konfliktkommunikation and proximity and distance in a structured manner.
- Transfer schutzkonzepte to movement-, teaching-, health- or research-related situations.
- Justify results in written, oral and practical or project-based formats.
- Identify and document sources of error, limitations, safety considerations and quality requirements.

Teaching, Learning and Student-Support Methods

Teaching videos and digital Learning Objects; seminars and tutorials; exercises, case studies or movement analysis; guided practice or project work; independent study; formative feedback and targeted development pathways.

Assessment and Grading

Performance component	Weight	Typical evidence
Written	33.33%	Written examination, paper, research report, portfolio or academic documentation
Oral	33.33%	Oral examination, presentation, colloquium, teaching demonstration or defence
Practical / research-related	33.33%	Demonstration, video analysis, project, simulation, data analysis or methodological implementation

Pass requirement: at least 66.67% overall; at least two components must each be passed independently and demonstrate secure subject competence. Pure compensation through averaging is excluded.

Quality Management, Learning Development and Digital Delivery

- Performance data are retained at course-unit and assessment-component level.
- Individual learning difficulties trigger tutorials, feedback, reassessment or targeted development measures.
- Group-level patterns trigger review of didactics, methodology, assessment and Learning Objects.
- Teaching videos are version-controlled; only affected content, translations and assessments are updated.

SPL-B301 - Sport Pedagogy and Subject Didactics

Bachelor Stage 3 - Subject-Specific Advanced Study

Parameter	Specification	Parameter	Specification
Study phase	Bachelor Stage 3	ECTS / workload	10 ECTS / 250 hours
Theory	8 ECTS / 200 hours	Practice / research	2 ECTS / 50 hours
Module status	Compulsory or profile-specific core module	Version	1.0 / As at 31 July 2026

Module Profile

Teaching and learning models, age groups, target groups, motivation and reflective lesson design.

Teaching and Course Units

Course unit	ECTS	Weight
teaching and learning models	2.5	25%
Age groups	2.5	25%
Target groups	2.5	25%
motivation and reflective lesson design	2.5	25%

Learning Outcomes

- Explain the core concepts, models and relationships of the module "Sport Pedagogy and Subject Didactics" accurately and in appropriate academic language.
- Analyse and apply teaching and learning models and age groups in a structured manner.
- Transfer target groups to movement-, teaching-, health- or research-related situations.
- Justify results in written, oral and practical or project-based formats.
- Identify and document sources of error, limitations, safety considerations and quality requirements.

Teaching, Learning and Student-Support Methods

Teaching videos and digital Learning Objects; seminars and tutorials; exercises, case studies or movement analysis; guided practice or project work; independent study; formative feedback and targeted development pathways.

Assessment and Grading

Performance component	Weight	Typical evidence
Written	33.33%	Written examination, paper, research report, portfolio or academic documentation
Oral	33.33%	Oral examination, presentation, colloquium, teaching demonstration or defence
Practical / research-related	33.33%	Demonstration, video analysis, project, simulation, data analysis or methodological implementation

Pass requirement: at least 66.67% overall; at least two components must each be passed independently and demonstrate secure subject competence. Pure compensation through averaging is excluded.

Quality Management, Learning Development and Digital Delivery

- Performance data are retained at course-unit and assessment-component level.
- Individual learning difficulties trigger tutorials, feedback, reassessment or targeted development measures.
- Group-level patterns trigger review of didactics, methodology, assessment and Learning Objects.
- Teaching videos are version-controlled; only affected content, translations and assessments are updated.

SPL-B302 - Curriculum, Lesson and Training Planning

Bachelor Stage 3 - Subject-Specific Advanced Study

Parameter	Specification	Parameter	Specification
Study phase	Bachelor Stage 3	ECTS / workload	8 ECTS / 200 hours
Theory	6 ECTS / 150 hours	Practice / research	2 ECTS / 50 hours
Module status	Compulsory or profile-specific core module	Version	1.0 / As at 31 July 2026

Module Profile

Learning outcomes, semester planning, teaching units, progression, differentiation and digital learning support.

Teaching and Course Units

Course unit	ECTS	Weight
learning outcomes	2	25%
semester planning	2	25%
teaching units and progression	2	25%
differentiation and digital learning support	2	25%

Learning Outcomes

- Explain the core concepts, models and relationships of the module "Curriculum, Lesson and Training Planning" accurately and in appropriate academic language.
- Analyse and apply learning outcomes and semester planning in a structured manner.
- Transfer teaching units and progression to movement-, teaching-, health- or research-related situations.
- Justify results in written, oral and practical or project-based formats.
- Identify and document sources of error, limitations, safety considerations and quality requirements.

Teaching, Learning and Student-Support Methods

Teaching videos and digital Learning Objects; seminars and tutorials; exercises, case studies or movement analysis; guided practice or project work; independent study; formative feedback and targeted development pathways.

Assessment and Grading

Performance component	Weight	Typical evidence
Written	33.33%	Written examination, paper, research report, portfolio or academic documentation
Oral	33.33%	Oral examination, presentation, colloquium, teaching demonstration or defence
Practical / research-related	33.33%	Demonstration, video analysis, project, simulation, data analysis or methodological implementation

Pass requirement: at least 66.67% overall; at least two components must each be passed independently and demonstrate secure subject competence. Pure compensation through averaging is excluded.

Quality Management, Learning Development and Digital Delivery

- Performance data are retained at course-unit and assessment-component level.
- Individual learning difficulties trigger tutorials, feedback, reassessment or targeted development measures.
- Group-level patterns trigger review of didactics, methodology, assessment and Learning Objects.
- Teaching videos are version-controlled; only affected content, translations and assessments are updated.

SPL-B303 - Martial Arts and Combat Sports Pedagogy

Bachelor Stage 3 - Subject-Specific Advanced Study

Parameter	Specification	Parameter	Specification
Study phase	Bachelor Stage 3	ECTS / workload	10 ECTS / 250 hours
Theory	7 ECTS / 175 hours	Practice / research	3 ECTS / 75 hours
Module status	Compulsory or profile-specific core module	Version	1.0 / As at 31 July 2026

Module Profile

Styles, culture, history, methodology, technical instruction, strategy and tactics.

Teaching and Course Units

Course unit	ECTS	Weight
styles and culture	2.5	25%
history and methodology	2.5	25%
technical instruction	2.5	25%
strategy and tactics	2.5	25%

Learning Outcomes

- Explain the core concepts, models and relationships of the module "Martial Arts and Combat Sports Pedagogy" accurately and in appropriate academic language.
- Analyse and apply styles and culture and history and methodology in a structured manner.
- Transfer technical instruction to movement-, teaching-, health- or research-related situations.
- Justify results in written, oral and practical or project-based formats.
- Identify and document sources of error, limitations, safety considerations and quality requirements.

Teaching, Learning and Student-Support Methods

Teaching videos and digital Learning Objects; seminars and tutorials; exercises, case studies or movement analysis; guided practice or project work; independent study; formative feedback and targeted development pathways.

Assessment and Grading

Performance component	Weight	Typical evidence
Written	33.33%	Written examination, paper, research report, portfolio or academic documentation
Oral	33.33%	Oral examination, presentation, colloquium, teaching demonstration or defence
Practical / research-related	33.33%	Demonstration, video analysis, project, simulation, data analysis or methodological implementation

Pass requirement: at least 66.67% overall; at least two components must each be passed independently and demonstrate secure subject competence. Pure compensation through averaging is excluded.

Quality Management, Learning Development and Digital Delivery

- Performance data are retained at course-unit and assessment-component level.
- Individual learning difficulties trigger tutorials, feedback, reassessment or targeted development measures.
- Group-level patterns trigger review of didactics, methodology, assessment and Learning Objects.
- Teaching videos are version-controlled; only affected content, translations and assessments are updated.

SPL-B304 - School, Dōjō and Group Leadership

Bachelor Stage 3 - Subject-Specific Advanced Study

Parameter	Specification	Parameter	Specification
Study phase	Bachelor Stage 3	ECTS / workload	8 ECTS / 200 hours
Theory	6 ECTS / 150 hours	Practice / research	2 ECTS / 50 hours
Module status	Compulsory or profile-specific core module	Version	1.0 / As at 31 July 2026

Module Profile

Classroom management, group processes, resource orientation and professional roles.

Teaching and Course Units

Course unit	ECTS	Weight
classroom management	2	25%
group processes	2	25%
resource orientation and professional roles	2	25%
Application and disciplinary transfer	2	25%

Learning Outcomes

- Explain the core concepts, models and relationships of the module "School, Dōjō and Group Leadership" accurately and in appropriate academic language.
- Analyse and apply classroom management and group processes in a structured manner.
- Transfer resource orientation and professional roles to movement-, teaching-, health- or research-related situations.
- Justify results in written, oral and practical or project-based formats.
- Identify and document sources of error, limitations, safety considerations and quality requirements.

Teaching, Learning and Student-Support Methods

Teaching videos and digital Learning Objects; seminars and tutorials; exercises, case studies or movement analysis; guided practice or project work; independent study; formative feedback and targeted development pathways.

Assessment and Grading

Performance component	Weight	Typical evidence
Written	33.33%	Written examination, paper, research report, portfolio or academic documentation
Oral	33.33%	Oral examination, presentation, colloquium, teaching demonstration or defence
Practical / research-related	33.33%	Demonstration, video analysis, project, simulation, data analysis or methodological implementation

Pass requirement: at least 66.67% overall; at least two components must each be passed independently and demonstrate secure subject competence. Pure compensation through averaging is excluded.

Quality Management, Learning Development and Digital Delivery

- Performance data are retained at course-unit and assessment-component level.
- Individual learning difficulties trigger tutorials, feedback, reassessment or targeted development measures.
- Group-level patterns trigger review of didactics, methodology, assessment and Learning Objects.
- Teaching videos are version-controlled; only affected content, translations and assessments are updated.

SPL-B305 - Inclusive and Adaptive Sport

Bachelor Stage 3 - Subject-Specific Advanced Study

Parameter	Specification	Parameter	Specification
Study phase	Bachelor Stage 3	ECTS / workload	8 ECTS / 200 hours
Theory	6 ECTS / 150 hours	Practice / research	2 ECTS / 50 hours
Module status	Compulsory or profile-specific core module	Version	1.0 / As at 31 July 2026

Module Profile

Teaching learners with ADHD, ADD, POS, autism, disabilities and diverse learning prerequisites.

Teaching and Course Units

Course unit	ECTS	Weight
Teaching learners with ADHD, ADD and POS	2	25%
Autism	2	25%
disabilities and diverse learning prerequisites	2	25%
Application and disciplinary transfer	2	25%

Learning Outcomes

- Explain the core concepts, models and relationships of the module "Inclusive and Adaptive Sport" accurately and in appropriate academic language.
- Analyse and apply teaching learners with adhd, add and pos and autism in a structured manner.
- Transfer disabilities and diverse learning prerequisites to movement-, teaching-, health- or research-related situations.
- Justify results in written, oral and practical or project-based formats.
- Identify and document sources of error, limitations, safety considerations and quality requirements.

Teaching, Learning and Student-Support Methods

Teaching videos and digital Learning Objects; seminars and tutorials; exercises, case studies or movement analysis; guided practice or project work; independent study; formative feedback and targeted development pathways.

Assessment and Grading

Performance component	Weight	Typical evidence
Written	33.33%	Written examination, paper, research report, portfolio or academic documentation
Oral	33.33%	Oral examination, presentation, colloquium, teaching demonstration or defence
Practical / research-related	33.33%	Demonstration, video analysis, project, simulation, data analysis or methodological implementation

Pass requirement: at least 66.67% overall; at least two components must each be passed independently and demonstrate secure subject competence. Pure compensation through averaging is excluded.

Quality Management, Learning Development and Digital Delivery

- Performance data are retained at course-unit and assessment-component level.
- Individual learning difficulties trigger tutorials, feedback, reassessment or targeted development measures.
- Group-level patterns trigger review of didactics, methodology, assessment and Learning Objects.
- Teaching videos are version-controlled; only affected content, translations and assessments are updated.

SPL-B306 - Performance Diagnostics and Training Regulation

Bachelor Stage 3 - Subject-Specific Advanced Study

Parameter	Specification	Parameter	Specification
Study phase	Bachelor Stage 3	ECTS / workload	6 ECTS / 150 hours
Theory	4.5 ECTS / 112.5 hours	Practice / research	1.5 ECTS / 37.5 hours
Module status	Compulsory or profile-specific core module	Version	1.0 / As at 31 July 2026

Module Profile

Tests, target values, physical load, recovery and individual training planning.

Teaching and Course Units

Course unit	ECTS	Weight
tests	1.5	25%
target values	1.5	25%
Physical load	1.5	25%
recovery and individual training planning	1.5	25%

Learning Outcomes

- Explain the core concepts, models and relationships of the module "Performance Diagnostics and Training Regulation" accurately and in appropriate academic language.
- Analyse and apply tests and target values in a structured manner.
- Transfer physical load to movement-, teaching-, health- or research-related situations.
- Justify results in written, oral and practical or project-based formats.
- Identify and document sources of error, limitations, safety considerations and quality requirements.

Teaching, Learning and Student-Support Methods

Teaching videos and digital Learning Objects; seminars and tutorials; exercises, case studies or movement analysis; guided practice or project work; independent study; formative feedback and targeted development pathways.

Assessment and Grading

Performance component	Weight	Typical evidence
Written	33.33%	Written examination, paper, research report, portfolio or academic documentation
Oral	33.33%	Oral examination, presentation, colloquium, teaching demonstration or defence
Practical / research-related	33.33%	Demonstration, video analysis, project, simulation, data analysis or methodological implementation

Pass requirement: at least 66.67% overall; at least two components must each be passed independently and demonstrate secure subject competence. Pure compensation through averaging is excluded.

Quality Management, Learning Development and Digital Delivery

- Performance data are retained at course-unit and assessment-component level.
- Individual learning difficulties trigger tutorials, feedback, reassessment or targeted development measures.
- Group-level patterns trigger review of didactics, methodology, assessment and Learning Objects.
- Teaching videos are version-controlled; only affected content, translations and assessments are updated.

SPL-B307 - Safety, Accident Prevention and Safeguarding

Bachelor Stage 3 - Subject-Specific Advanced Study

Parameter	Specification	Parameter	Specification
Study phase	Bachelor Stage 3	ECTS / workload	6 ECTS / 150 hours
Theory	4.5 ECTS / 112.5 hours	Practice / research	1.5 ECTS / 37.5 hours
Module status	Compulsory or profile-specific core module	Version	1.0 / As at 31 July 2026

Module Profile

Hazard analysis, supervision, weapon and equipment safety, safeguarding concepts and emergency organisation.

Teaching and Course Units

Course unit	ECTS	Weight
Hazard analysis	1.5	25%
Supervision	1.5	25%
weapon and equipment safety	1.5	25%
safeguarding concepts and emergency organisation	1.5	25%

Learning Outcomes

- Explain the core concepts, models and relationships of the module "Safety, Accident Prevention and Safeguarding" accurately and in appropriate academic language.
- Analyse and apply hazard analysis and supervision in a structured manner.
- Transfer weapon and equipment safety to movement-, teaching-, health- or research-related situations.
- Justify results in written, oral and practical or project-based formats.
- Identify and document sources of error, limitations, safety considerations and quality requirements.

Teaching, Learning and Student-Support Methods

Teaching videos and digital Learning Objects; seminars and tutorials; exercises, case studies or movement analysis; guided practice or project work; independent study; formative feedback and targeted development pathways.

Assessment and Grading

Performance component	Weight	Typical evidence
Written	33.33%	Written examination, paper, research report, portfolio or academic documentation
Oral	33.33%	Oral examination, presentation, colloquium, teaching demonstration or defence
Practical / research-related	33.33%	Demonstration, video analysis, project, simulation, data analysis or methodological implementation

Pass requirement: at least 66.67% overall; at least two components must each be passed independently and demonstrate secure subject competence. Pure compensation through averaging is excluded.

Quality Management, Learning Development and Digital Delivery

- Performance data are retained at course-unit and assessment-component level.
- Individual learning difficulties trigger tutorials, feedback, reassessment or targeted development measures.
- Group-level patterns trigger review of didactics, methodology, assessment and Learning Objects.
- Teaching videos are version-controlled; only affected content, translations and assessments are updated.

SPL-B308 - Communication, Conflict and Leadership

Bachelor Stage 3 - Subject-Specific Advanced Study

Parameter	Specification	Parameter	Specification
Study phase	Bachelor Stage 3	ECTS / workload	4 ECTS / 100 hours
Theory	3 ECTS / 75 hours	Practice / research	1 ECTS / 25 hours
Module status	Compulsory or profile-specific core module	Version	1.0 / As at 31 July 2026

Module Profile

Flow communication, feedback, de-escalation, authority and respectful leadership.

Teaching and Course Units

Course unit	ECTS	Weight
Flow-communication	1	25%
Feedback	1	25%
De-escalation	1	25%
Authority and respektvolle leadership	1	25%

Learning Outcomes

- Explain the core concepts, models and relationships of the module "Communication, Conflict and Leadership" accurately and in appropriate academic language.
- Analyse and apply flow-communication and feedback in a structured manner.
- Transfer de-escalation to movement-, teaching-, health- or research-related situations.
- Justify results in written, oral and practical or project-based formats.
- Identify and document sources of error, limitations, safety considerations and quality requirements.

Teaching, Learning and Student-Support Methods

Teaching videos and digital Learning Objects; seminars and tutorials; exercises, case studies or movement analysis; guided practice or project work; independent study; formative feedback and targeted development pathways.

Assessment and Grading

Performance component	Weight	Typical evidence
Written	33.33%	Written examination, paper, research report, portfolio or academic documentation
Oral	33.33%	Oral examination, presentation, colloquium, teaching demonstration or defence
Practical / research-related	33.33%	Demonstration, video analysis, project, simulation, data analysis or methodological implementation

Pass requirement: at least 66.67% overall; at least two components must each be passed independently and demonstrate secure subject competence. Pure compensation through averaging is excluded.

Quality Management, Learning Development and Digital Delivery

- Performance data are retained at course-unit and assessment-component level.
- Individual learning difficulties trigger tutorials, feedback, reassessment or targeted development measures.
- Group-level patterns trigger review of didactics, methodology, assessment and Learning Objects.
- Teaching videos are version-controlled; only affected content, translations and assessments are updated.

SPL-B401 - Comparative Movement and Martial Arts Analysis

Bachelor Stage 4 - Integration, Application and Completion

Parameter	Specification	Parameter	Specification
Study phase	Bachelor Stage 4	ECTS / workload	10 ECTS / 250 hours
Theory	8 ECTS / 200 hours	Practice / research	2 ECTS / 50 hours
Module status	Compulsory or profile-specific core module	Version	1.0 / As at 31 July 2026

Module Profile

Comparison of techniques, biomechanics, movement quality and didactic reduction.

Teaching and Course Units

Course unit	ECTS	Weight
comparison of techniques	2.5	25%
Biomechanics	2.5	25%
movement quality and didactic reduction	2.5	25%
Application and disciplinary transfer	2.5	25%

Learning Outcomes

- Explain the core concepts, models and relationships of the module "Comparative Movement and Martial Arts Analysis" accurately and in appropriate academic language.
- Analyse and apply comparison of techniques and biomechanics in a structured manner.
- Transfer movement quality and didactic reduction to movement-, teaching-, health- or research-related situations.
- Justify results in written, oral and practical or project-based formats.
- Identify and document sources of error, limitations, safety considerations and quality requirements.

Teaching, Learning and Student-Support Methods

Teaching videos and digital Learning Objects; seminars and tutorials; exercises, case studies or movement analysis; guided practice or project work; independent study; formative feedback and targeted development pathways.

Assessment and Grading

Performance component	Weight	Typical evidence
Written	33.33%	Written examination, paper, research report, portfolio or academic documentation
Oral	33.33%	Oral examination, presentation, colloquium, teaching demonstration or defence
Practical / research-related	33.33%	Demonstration, video analysis, project, simulation, data analysis or methodological implementation

Pass requirement: at least 66.67% overall; at least two components must each be passed independently and demonstrate secure subject competence. Pure compensation through averaging is excluded.

Quality Management, Learning Development and Digital Delivery

- Performance data are retained at course-unit and assessment-component level.
- Individual learning difficulties trigger tutorials, feedback, reassessment or targeted development measures.
- Group-level patterns trigger review of didactics, methodology, assessment and Learning Objects.
- Teaching videos are version-controlled; only affected content, translations and assessments are updated.

SPL-B402 - Teaching Demonstration and Digital Practice Portfolio

Bachelor Stage 4 - Integration, Application and Completion

Parameter	Specification	Parameter	Specification
Study phase	Bachelor Stage 4	ECTS / workload	10 ECTS / 250 hours
Theory	6 ECTS / 150 hours	Practice / research	4 ECTS / 100 hours
Module status	Compulsory or profile-specific core module	Version	1.0 / As at 31 July 2026

Module Profile

Planning, video submission, teaching demonstrations, self-analysis and qualified feedback.

Teaching and Course Units

Course unit	ECTS	Weight
Planung	2.5	25%
video submission	2.5	25%
Teaching demonstrations	2.5	25%
self-analysis and qualified feedback	2.5	25%

Learning Outcomes

- Explain the core concepts, models and relationships of the module "Teaching Demonstration and Digital Practice Portfolio" accurately and in appropriate academic language.
- Analyse and apply planung and video submission in a structured manner.
- Transfer teaching demonstrations to movement-, teaching-, health- or research-related situations.
- Justify results in written, oral and practical or project-based formats.
- Identify and document sources of error, limitations, safety considerations and quality requirements.

Teaching, Learning and Student-Support Methods

Teaching videos and digital Learning Objects; seminars and tutorials; exercises, case studies or movement analysis; guided practice or project work; independent study; formative feedback and targeted development pathways.

Assessment and Grading

Performance component	Weight	Typical evidence
Written	33.33%	Written examination, paper, research report, portfolio or academic documentation
Oral	33.33%	Oral examination, presentation, colloquium, teaching demonstration or defence
Practical / research-related	33.33%	Demonstration, video analysis, project, simulation, data analysis or methodological implementation

Pass requirement: at least 66.67% overall; at least two components must each be passed independently and demonstrate secure subject competence. Pure compensation through averaging is excluded.

Quality Management, Learning Development and Digital Delivery

- Performance data are retained at course-unit and assessment-component level.
- Individual learning difficulties trigger tutorials, feedback, reassessment or targeted development measures.
- Group-level patterns trigger review of didactics, methodology, assessment and Learning Objects.
- Teaching videos are version-controlled; only affected content, translations and assessments are updated.

SPL-B403 - Sport Organisation, Management and Event Planning

Bachelor Stage 4 - Integration, Application and Completion

Parameter	Specification	Parameter	Specification
Study phase	Bachelor Stage 4	ECTS / workload	6 ECTS / 150 hours
Theory	5 ECTS / 125 hours	Practice / research	1 ECTS / 25 hours
Module status	Compulsory or profile-specific core module	Version	1.0 / As at 31 July 2026

Module Profile

Clubs, Dōjō, schools, resources, quality, events and organisational responsibility.

Teaching and Course Units

Course unit	ECTS	Weight
clubs and Dōjō	1.5	25%
school and resources	1.5	25%
Quality	1.5	25%
events and organisational responsibility	1.5	25%

Learning Outcomes

- Explain the core concepts, models and relationships of the module "Sport Organisation, Management and Event Planning" accurately and in appropriate academic language.
- Analyse and apply clubs and dōjō and school and resources in a structured manner.
- Transfer quality to movement-, teaching-, health- or research-related situations.
- Justify results in written, oral and practical or project-based formats.
- Identify and document sources of error, limitations, safety considerations and quality requirements.

Teaching, Learning and Student-Support Methods

Teaching videos and digital Learning Objects; seminars and tutorials; exercises, case studies or movement analysis; guided practice or project work; independent study; formative feedback and targeted development pathways.

Assessment and Grading

Performance component	Weight	Typical evidence
Written	33.33%	Written examination, paper, research report, portfolio or academic documentation
Oral	33.33%	Oral examination, presentation, colloquium, teaching demonstration or defence
Practical / research-related	33.33%	Demonstration, video analysis, project, simulation, data analysis or methodological implementation

Pass requirement: at least 66.67% overall; at least two components must each be passed independently and demonstrate secure subject competence. Pure compensation through averaging is excluded.

Quality Management, Learning Development and Digital Delivery

- Performance data are retained at course-unit and assessment-component level.
- Individual learning difficulties trigger tutorials, feedback, reassessment or targeted development measures.
- Group-level patterns trigger review of didactics, methodology, assessment and Learning Objects.
- Teaching videos are version-controlled; only affected content, translations and assessments are updated.

SPL-B404 - Health-Enhancing Physical Activity, Sports Medicine and Rehabilitation

Bachelor Stage 4 - Integration, Application and Completion

Parameter	Specification	Parameter	Specification
Study phase	Bachelor Stage 4	ECTS / workload	6 ECTS / 150 hours
Theory	5 ECTS / 125 hours	Practice / research	1 ECTS / 25 hours
Module status	Compulsory or profile-specific core module	Version	1.0 / As at 31 July 2026

Module Profile

Health promotion, load limits, return to sport and interprofessional cooperation.

Teaching and Course Units

Course unit	ECTS	Weight
health promotion	1.5	25%
load limits	1.5	25%
return to sport and interprofessional cooperation	1.5	25%
Application and disciplinary transfer	1.5	25%

Learning Outcomes

- Explain the core concepts, models and relationships of the module "Health-Enhancing Physical Activity, Sports Medicine and Rehabilitation" accurately and in appropriate academic language.
- Analyse and apply health promotion and load limits in a structured manner.
- Transfer return to sport and interprofessional cooperation to movement-, teaching-, health- or research-related situations.
- Justify results in written, oral and practical or project-based formats.
- Identify and document sources of error, limitations, safety considerations and quality requirements.

Teaching, Learning and Student-Support Methods

Teaching videos and digital Learning Objects; seminars and tutorials; exercises, case studies or movement analysis; guided practice or project work; independent study; formative feedback and targeted development pathways.

Assessment and Grading

Performance component	Weight	Typical evidence
Written	33.33%	Written examination, paper, research report, portfolio or academic documentation
Oral	33.33%	Oral examination, presentation, colloquium, teaching demonstration or defence
Practical / research-related	33.33%	Demonstration, video analysis, project, simulation, data analysis or methodological implementation

Pass requirement: at least 66.67% overall; at least two components must each be passed independently and demonstrate secure subject competence. Pure compensation through averaging is excluded.

Quality Management, Learning Development and Digital Delivery

- Performance data are retained at course-unit and assessment-component level.
- Individual learning difficulties trigger tutorials, feedback, reassessment or targeted development measures.
- Group-level patterns trigger review of didactics, methodology, assessment and Learning Objects.
- Teaching videos are version-controlled; only affected content, translations and assessments are updated.

SPL-B405 - Coaching and Long-Term Development

Bachelor Stage 4 - Integration, Application and Completion

Parameter	Specification	Parameter	Specification
Study phase	Bachelor Stage 4	ECTS / workload	8 ECTS / 200 hours
Theory	6 ECTS / 150 hours	Practice / research	2 ECTS / 50 hours
Module status	Compulsory or profile-specific core module	Version	1.0 / As at 31 July 2026

Module Profile

Talent development, motivation, performance development, transitions and sustainable support.

Teaching and Course Units

Course unit	ECTS	Weight
talent development	2	25%
Motivation	2	25%
performance development	2	25%
transitions and sustainable support	2	25%

Learning Outcomes

- Explain the core concepts, models and relationships of the module "Coaching and Long-Term Development" accurately and in appropriate academic language.
- Analyse and apply talent development and motivation in a structured manner.
- Transfer performance development to movement-, teaching-, health- or research-related situations.
- Justify results in written, oral and practical or project-based formats.
- Identify and document sources of error, limitations, safety considerations and quality requirements.

Teaching, Learning and Student-Support Methods

Teaching videos and digital Learning Objects; seminars and tutorials; exercises, case studies or movement analysis; guided practice or project work; independent study; formative feedback and targeted development pathways.

Assessment and Grading

Performance component	Weight	Typical evidence
Written	33.33%	Written examination, paper, research report, portfolio or academic documentation
Oral	33.33%	Oral examination, presentation, colloquium, teaching demonstration or defence
Practical / research-related	33.33%	Demonstration, video analysis, project, simulation, data analysis or methodological implementation

Pass requirement: at least 66.67% overall; at least two components must each be passed independently and demonstrate secure subject competence. Pure compensation through averaging is excluded.

Quality Management, Learning Development and Digital Delivery

- Performance data are retained at course-unit and assessment-component level.
- Individual learning difficulties trigger tutorials, feedback, reassessment or targeted development measures.
- Group-level patterns trigger review of didactics, methodology, assessment and Learning Objects.
- Teaching videos are version-controlled; only affected content, translations and assessments are updated.

SPL-B406 - Assessment of Learning, Technique and Performance

Bachelor Stage 4 - Integration, Application and Completion

Parameter	Specification	Parameter	Specification
Study phase	Bachelor Stage 4	ECTS / workload	6 ECTS / 150 hours
Theory	5 ECTS / 125 hours	Practice / research	1 ECTS / 25 hours
Module status	Compulsory or profile-specific core module	Version	1.0 / As at 31 July 2026

Module Profile

Criteria, assessment formats, fairness, feedback and documented competency development.

Teaching and Course Units

Course unit	ECTS	Weight
criteria	1.5	25%
assessment formats	1.5	25%
Fairness	1.5	25%
feedback and documented competency development	1.5	25%

Learning Outcomes

- Explain the core concepts, models and relationships of the module "Assessment of Learning, Technique and Performance" accurately and in appropriate academic language.
- Analyse and apply criteria and assessment formats in a structured manner.
- Transfer fairness to movement-, teaching-, health- or research-related situations.
- Justify results in written, oral and practical or project-based formats.
- Identify and document sources of error, limitations, safety considerations and quality requirements.

Teaching, Learning and Student-Support Methods

Teaching videos and digital Learning Objects; seminars and tutorials; exercises, case studies or movement analysis; guided practice or project work; independent study; formative feedback and targeted development pathways.

Assessment and Grading

Performance component	Weight	Typical evidence
Written	33.33%	Written examination, paper, research report, portfolio or academic documentation
Oral	33.33%	Oral examination, presentation, colloquium, teaching demonstration or defence
Practical / research-related	33.33%	Demonstration, video analysis, project, simulation, data analysis or methodological implementation

Pass requirement: at least 66.67% overall; at least two components must each be passed independently and demonstrate secure subject competence. Pure compensation through averaging is excluded.

Quality Management, Learning Development and Digital Delivery

- Performance data are retained at course-unit and assessment-component level.
- Individual learning difficulties trigger tutorials, feedback, reassessment or targeted development measures.
- Group-level patterns trigger review of didactics, methodology, assessment and Learning Objects.
- Teaching videos are version-controlled; only affected content, translations and assessments are updated.

SPL-B407 - Elective Specialisation in a Sport or Martial Arts System

Bachelor Stage 4 - Integration, Application and Completion

Parameter	Specification	Parameter	Specification
Study phase	Bachelor Stage 4	ECTS / workload	4 ECTS / 100 hours
Theory	3 ECTS / 75 hours	Practice / research	1 ECTS / 25 hours
Module status	Compulsory or profile-specific core module	Version	1.0 / As at 31 July 2026

Module Profile

Individual subject specialisation selected from the shared module library.

Teaching and Course Units

Course unit	ECTS	Weight
Individual subject specialisation from the shared module library	1	25%
Application and disciplinary transfer	1	25%
Documentation, reflection and quality assurance	1	25%
Case, practice or research component	1	25%

Learning Outcomes

- Explain the core concepts, models and relationships of the module "Elective Specialisation in a Sport or Martial Arts System" accurately and in appropriate academic language.
- Analyse and apply individual subject specialisation from the shared module library and application and disciplinary transfer in a structured manner.
- Transfer documentation, reflection and quality assurance to movement-, teaching-, health- or research-related situations.
- Justify results in written, oral and practical or project-based formats.
- Identify and document sources of error, limitations, safety considerations and quality requirements.

Teaching, Learning and Student-Support Methods

Teaching videos and digital Learning Objects; seminars and tutorials; exercises, case studies or movement analysis; guided practice or project work; independent study; formative feedback and targeted development pathways.

Assessment and Grading

Performance component	Weight	Typical evidence
Written	33.33%	Written examination, paper, research report, portfolio or academic documentation
Oral	33.33%	Oral examination, presentation, colloquium, teaching demonstration or defence
Practical / research-related	33.33%	Demonstration, video analysis, project, simulation, data analysis or methodological implementation

Pass requirement: at least 66.67% overall; at least two components must each be passed independently and demonstrate secure subject competence. Pure compensation through averaging is excluded.

Quality Management, Learning Development and Digital Delivery

- Performance data are retained at course-unit and assessment-component level.
- Individual learning difficulties trigger tutorials, feedback, reassessment or targeted development measures.
- Group-level patterns trigger review of didactics, methodology, assessment and Learning Objects.
- Teaching videos are version-controlled; only affected content, translations and assessments are updated.

SPL-B408 - Bachelor Project and Teaching Portfolio

Bachelor Stage 4 - Integration, Application and Completion

Parameter	Specification	Parameter	Specification
Study phase	Bachelor Stage 4	ECTS / workload	10 ECTS / 250 hours
Theory	7 ECTS / 175 hours	Practice / research	3 ECTS / 75 hours
Module status	Compulsory or profile-specific core module	Version	1.0 / As at 31 July 2026

Module Profile

Independent didactic development work with a teaching demonstration and defence.

Teaching and Course Units

Course unit	ECTS	Weight
Topic clarification and disciplinary framework	2.5	25%
Methodology, planning and documented implementation	2.5	25%
Analysis, reflection and quality review	2.5	25%
Written final assessment and oral defence	2.5	25%

Learning Outcomes

- Explain the core concepts, models and relationships of the module "Bachelor Project and Teaching Portfolio" accurately and in appropriate academic language.
- Analyse and apply topic clarification and disciplinary framework and methodology, planning and documented implementation in a structured manner.
- Transfer analysis, reflection and quality review to movement-, teaching-, health- or research-related situations.
- Justify results in written, oral and practical or project-based formats.
- Identify and document sources of error, limitations, safety considerations and quality requirements.

Teaching, Learning and Student-Support Methods

Teaching videos and digital Learning Objects; seminars and tutorials; exercises, case studies or movement analysis; guided practice or project work; independent study; formative feedback and targeted development pathways.

Assessment and Grading

Performance component	Weight	Typical evidence
Written	33.33%	Written examination, paper, research report, portfolio or academic documentation
Oral	33.33%	Oral examination, presentation, colloquium, teaching demonstration or defence
Practical / research-related	33.33%	Demonstration, video analysis, project, simulation, data analysis or methodological implementation

Pass requirement: at least 66.67% overall; at least two components must each be passed independently and demonstrate secure subject competence. Pure compensation through averaging is excluded.

Quality Management, Learning Development and Digital Delivery

- Performance data are retained at course-unit and assessment-component level.
- Individual learning difficulties trigger tutorials, feedback, reassessment or targeted development measures.
- Group-level patterns trigger review of didactics, methodology, assessment and Learning Objects.
- Teaching videos are version-controlled; only affected content, translations and assessments are updated.

SPL-M501 - Advanced Sport Pedagogy and Curriculum Development

Master Semester 1 - Advanced Study and Research Phase

Parameter	Specification	Parameter	Specification
Study phase	Master Semester 1	ECTS / workload	15 ECTS / 375 hours
Theory	11.25 ECTS / 281.25 hours	Practice / research	3.75 ECTS / 93.75 hours
Module status	Compulsory or profile-specific core module	Version	1.0 / As at 31 July 2026

Module Profile

Complex programmes of study, competency models and long-term quality development.

Teaching and Course Units

Course unit	ECTS	Weight
Complex programmes of study	3.75	25%
Competency models	3.75	25%
Long-term quality development	3.75	25%
Application and disciplinary transfer	3.75	25%

Learning Outcomes

- Explain the core concepts, models and relationships of the module "Advanced Sport Pedagogy and Curriculum Development" accurately and in appropriate academic language.
- Analyse and apply complex programmes of study and competency models in a structured manner.
- Transfer long-term quality development to movement-, teaching-, health- or research-related situations.
- Justify results in written, oral and practical or project-based formats.
- Identify and document sources of error, limitations, safety considerations and quality requirements.

Teaching, Learning and Student-Support Methods

Teaching videos and digital Learning Objects; seminars and tutorials; exercises, case studies or movement analysis; guided practice or project work; independent study; formative feedback and targeted development pathways.

Assessment and Grading

Performance component	Weight	Typical evidence
Written	33.33%	Written examination, paper, research report, portfolio or academic documentation
Oral	33.33%	Oral examination, presentation, colloquium, teaching demonstration or defence
Practical / research-related	33.33%	Demonstration, video analysis, project, simulation, data analysis or methodological implementation

Pass requirement: at least 66.67% overall; at least two components must each be passed independently and demonstrate secure subject competence. Pure compensation through averaging is excluded.

Quality Management, Learning Development and Digital Delivery

- Performance data are retained at course-unit and assessment-component level.
- Individual learning difficulties trigger tutorials, feedback, reassessment or targeted development measures.
- Group-level patterns trigger review of didactics, methodology, assessment and Learning Objects.
- Teaching videos are version-controlled; only affected content, translations and assessments are updated.

SPL-M502 - Faculty Development, Leadership and Quality

Master Semester 1 - Advanced Study and Research Phase

Parameter	Specification	Parameter	Specification
Study phase	Master Semester 1	ECTS / workload	10 ECTS / 250 hours
Theory	7.5 ECTS / 187.5 hours	Practice / research	2.5 ECTS / 62.5 hours
Module status	Compulsory or profile-specific core module	Version	1.0 / As at 31 July 2026

Module Profile

Mentoring, evaluation, team leadership and the development of professional teaching cultures.

Teaching and Course Units

Course unit	ECTS	Weight
mentoring	2.5	25%
Evaluation	2.5	25%
team leadership and the development of professional teaching cultures	2.5	25%
Application and disciplinary transfer	2.5	25%

Learning Outcomes

- Explain the core concepts, models and relationships of the module "Faculty Development, Leadership and Quality" accurately and in appropriate academic language.
- Analyse and apply mentoring and evaluation in a structured manner.
- Transfer team leadership and the development of professional teaching cultures to movement-, teaching-, health- or research-related situations.
- Justify results in written, oral and practical or project-based formats.
- Identify and document sources of error, limitations, safety considerations and quality requirements.

Teaching, Learning and Student-Support Methods

Teaching videos and digital Learning Objects; seminars and tutorials; exercises, case studies or movement analysis; guided practice or project work; independent study; formative feedback and targeted development pathways.

Assessment and Grading

Performance component	Weight	Typical evidence
Written	33.33%	Written examination, paper, research report, portfolio or academic documentation
Oral	33.33%	Oral examination, presentation, colloquium, teaching demonstration or defence
Practical / research-related	33.33%	Demonstration, video analysis, project, simulation, data analysis or methodological implementation

Pass requirement: at least 66.67% overall; at least two components must each be passed independently and demonstrate secure subject competence. Pure compensation through averaging is excluded.

Quality Management, Learning Development and Digital Delivery

- Performance data are retained at course-unit and assessment-component level.
- Individual learning difficulties trigger tutorials, feedback, reassessment or targeted development measures.
- Group-level patterns trigger review of didactics, methodology, assessment and Learning Objects.
- Teaching videos are version-controlled; only affected content, translations and assessments are updated.

SPL-M503 - Advanced Biomechanics and Training Science

Master Semester 2 - Advanced Study and Research Phase

Parameter	Specification	Parameter	Specification
Study phase	Master Semester 2	ECTS / workload	15 ECTS / 375 hours
Theory	11.25 ECTS / 281.25 hours	Practice / research	3.75 ECTS / 93.75 hours
Module status	Compulsory or profile-specific core module	Version	1.0 / As at 31 July 2026

Module Profile

Complex movement analysis, performance models and evidence-informed training regulation.

Teaching and Course Units

Course unit	ECTS	Weight
Complex movement analysis	3.75	25%
Leistungsmodelle	3.75	25%
evidence-informed training regulation	3.75	25%
Application and disciplinary transfer	3.75	25%

Learning Outcomes

- Explain the core concepts, models and relationships of the module "Advanced Biomechanics and Training Science" accurately and in appropriate academic language.
- Analyse and apply complex movement analysis and leistungsmodelle in a structured manner.
- Transfer evidence-informed training regulation to movement-, teaching-, health- or research-related situations.
- Justify results in written, oral and practical or project-based formats.
- Identify and document sources of error, limitations, safety considerations and quality requirements.

Teaching, Learning and Student-Support Methods

Teaching videos and digital Learning Objects; seminars and tutorials; exercises, case studies or movement analysis; guided practice or project work; independent study; formative feedback and targeted development pathways.

Assessment and Grading

Performance component	Weight	Typical evidence
Written	33.33%	Written examination, paper, research report, portfolio or academic documentation
Oral	33.33%	Oral examination, presentation, colloquium, teaching demonstration or defence
Practical / research-related	33.33%	Demonstration, video analysis, project, simulation, data analysis or methodological implementation

Pass requirement: at least 66.67% overall; at least two components must each be passed independently and demonstrate secure subject competence. Pure compensation through averaging is excluded.

Quality Management, Learning Development and Digital Delivery

- Performance data are retained at course-unit and assessment-component level.
- Individual learning difficulties trigger tutorials, feedback, reassessment or targeted development measures.
- Group-level patterns trigger review of didactics, methodology, assessment and Learning Objects.
- Teaching videos are version-controlled; only affected content, translations and assessments are updated.

SPL-M504 - Special Education and Inclusion in Sport

Master Semester 2 - Advanced Study and Research Phase

Parameter	Specification	Parameter	Specification
Study phase	Master Semester 2	ECTS / workload	10 ECTS / 250 hours
Theory	7.5 ECTS / 187.5 hours	Practice / research	2.5 ECTS / 62.5 hours
Module status	Compulsory or profile-specific core module	Version	1.0 / As at 31 July 2026

Module Profile

Advanced adaptation for neurodivergent learners and learners with differing physical needs.

Teaching and Course Units

Course unit	ECTS	Weight
Advanced adaptation for neurodivergent learners	2.5	25%
learners with differing physical needs	2.5	25%
Application and disciplinary transfer	2.5	25%
Documentation, reflection and quality assurance	2.5	25%

Learning Outcomes

- Explain the core concepts, models and relationships of the module "Special Education and Inclusion in Sport" accurately and in appropriate academic language.
- Analyse and apply advanced adaptation for neurodivergent learners and learners with differing physical needs in a structured manner.
- Transfer application and disciplinary transfer to movement-, teaching-, health- or research-related situations.
- Justify results in written, oral and practical or project-based formats.
- Identify and document sources of error, limitations, safety considerations and quality requirements.

Teaching, Learning and Student-Support Methods

Teaching videos and digital Learning Objects; seminars and tutorials; exercises, case studies or movement analysis; guided practice or project work; independent study; formative feedback and targeted development pathways.

Assessment and Grading

Performance component	Weight	Typical evidence
Written	33.33%	Written examination, paper, research report, portfolio or academic documentation
Oral	33.33%	Oral examination, presentation, colloquium, teaching demonstration or defence
Practical / research-related	33.33%	Demonstration, video analysis, project, simulation, data analysis or methodological implementation

Pass requirement: at least 66.67% overall; at least two components must each be passed independently and demonstrate secure subject competence. Pure compensation through averaging is excluded.

Quality Management, Learning Development and Digital Delivery

- Performance data are retained at course-unit and assessment-component level.
- Individual learning difficulties trigger tutorials, feedback, reassessment or targeted development measures.
- Group-level patterns trigger review of didactics, methodology, assessment and Learning Objects.
- Teaching videos are version-controlled; only affected content, translations and assessments are updated.

SPL-M505 - Comparative Martial Arts Systems and Movement Didactics

Master Semester 3 - Advanced Study and Research Phase

Parameter	Specification	Parameter	Specification
Study phase	Master Semester 3	ECTS / workload	15 ECTS / 375 hours
Theory	11.25 ECTS / 281.25 hours	Practice / research	3.75 ECTS / 93.75 hours
Module status	Compulsory or profile-specific core module	Version	1.0 / As at 31 July 2026

Module Profile

Systems analysis, cultural context, technical principles and transfer.

Teaching and Course Units

Course unit	ECTS	Weight
systems analysis	3.75	25%
cultural context	3.75	25%
technical principles and transfer	3.75	25%
Application and disciplinary transfer	3.75	25%

Learning Outcomes

- Explain the core concepts, models and relationships of the module "Comparative Martial Arts Systems and Movement Didactics" accurately and in appropriate academic language.
- Analyse and apply systems analysis and cultural context in a structured manner.
- Transfer technical principles and transfer to movement-, teaching-, health- or research-related situations.
- Justify results in written, oral and practical or project-based formats.
- Identify and document sources of error, limitations, safety considerations and quality requirements.

Teaching, Learning and Student-Support Methods

Teaching videos and digital Learning Objects; seminars and tutorials; exercises, case studies or movement analysis; guided practice or project work; independent study; formative feedback and targeted development pathways.

Assessment and Grading

Performance component	Weight	Typical evidence
Written	33.33%	Written examination, paper, research report, portfolio or academic documentation
Oral	33.33%	Oral examination, presentation, colloquium, teaching demonstration or defence
Practical / research-related	33.33%	Demonstration, video analysis, project, simulation, data analysis or methodological implementation

Pass requirement: at least 66.67% overall; at least two components must each be passed independently and demonstrate secure subject competence. Pure compensation through averaging is excluded.

Quality Management, Learning Development and Digital Delivery

- Performance data are retained at course-unit and assessment-component level.
- Individual learning difficulties trigger tutorials, feedback, reassessment or targeted development measures.
- Group-level patterns trigger review of didactics, methodology, assessment and Learning Objects.
- Teaching videos are version-controlled; only affected content, translations and assessments are updated.

SPL-M506 - Risk, Law, Ethics and Safeguarding

Master Semester 3 - Advanced Study and Research Phase

Parameter	Specification	Parameter	Specification
Study phase	Master Semester 3	ECTS / workload	10 ECTS / 250 hours
Theory	7.5 ECTS / 187.5 hours	Practice / research	2.5 ECTS / 62.5 hours
Module status	Compulsory or profile-specific core module	Version	1.0 / As at 31 July 2026

Module Profile

Institutional safeguarding responsibility, supervision, safety and international contexts.

Teaching and Course Units

Course unit	ECTS	Weight
institutional safeguarding responsibility	2.5	25%
Supervision	2.5	25%
safety and international contexts	2.5	25%
Application and disciplinary transfer	2.5	25%

Learning Outcomes

- Explain the core concepts, models and relationships of the module "Risk, Law, Ethics and Safeguarding" accurately and in appropriate academic language.
- Analyse and apply institutional safeguarding responsibility and supervision in a structured manner.
- Transfer safety and international contexts to movement-, teaching-, health- or research-related situations.
- Justify results in written, oral and practical or project-based formats.
- Identify and document sources of error, limitations, safety considerations and quality requirements.

Teaching, Learning and Student-Support Methods

Teaching videos and digital Learning Objects; seminars and tutorials; exercises, case studies or movement analysis; guided practice or project work; independent study; formative feedback and targeted development pathways.

Assessment and Grading

Performance component	Weight	Typical evidence
Written	33.33%	Written examination, paper, research report, portfolio or academic documentation
Oral	33.33%	Oral examination, presentation, colloquium, teaching demonstration or defence
Practical / research-related	33.33%	Demonstration, video analysis, project, simulation, data analysis or methodological implementation

Pass requirement: at least 66.67% overall; at least two components must each be passed independently and demonstrate secure subject competence. Pure compensation through averaging is excluded.

Quality Management, Learning Development and Digital Delivery

- Performance data are retained at course-unit and assessment-component level.
- Individual learning difficulties trigger tutorials, feedback, reassessment or targeted development measures.
- Group-level patterns trigger review of didactics, methodology, assessment and Learning Objects.
- Teaching videos are version-controlled; only affected content, translations and assessments are updated.

SPL-M507 - Research and Evaluation in Sport Pedagogy

Master Semester 4 - Advanced Study and Research Phase

Parameter	Specification	Parameter	Specification
Study phase	Master Semester 4	ECTS / workload	10 ECTS / 250 hours
Theory	7.5 ECTS / 187.5 hours	Practice / research	2.5 ECTS / 62.5 hours
Module status	Compulsory or profile-specific core module	Version	1.0 / As at 31 July 2026

Module Profile

Effectiveness evaluation, teaching research and data-informed quality development.

Teaching and Course Units

Course unit	ECTS	Weight
effectiveness evaluation	2.5	25%
teaching research	2.5	25%
data-informed quality development	2.5	25%
Application and disciplinary transfer	2.5	25%

Learning Outcomes

- Explain the core concepts, models and relationships of the module "Research and Evaluation in Sport Pedagogy" accurately and in appropriate academic language.
- Analyse and apply effectiveness evaluation and teaching research in a structured manner.
- Transfer data-informed quality development to movement-, teaching-, health- or research-related situations.
- Justify results in written, oral and practical or project-based formats.
- Identify and document sources of error, limitations, safety considerations and quality requirements.

Teaching, Learning and Student-Support Methods

Teaching videos and digital Learning Objects; seminars and tutorials; exercises, case studies or movement analysis; guided practice or project work; independent study; formative feedback and targeted development pathways.

Assessment and Grading

Performance component	Weight	Typical evidence
Written	33.33%	Written examination, paper, research report, portfolio or academic documentation
Oral	33.33%	Oral examination, presentation, colloquium, teaching demonstration or defence
Practical / research-related	33.33%	Demonstration, video analysis, project, simulation, data analysis or methodological implementation

Pass requirement: at least 66.67% overall; at least two components must each be passed independently and demonstrate secure subject competence. Pure compensation through averaging is excluded.

Quality Management, Learning Development and Digital Delivery

- Performance data are retained at course-unit and assessment-component level.
- Individual learning difficulties trigger tutorials, feedback, reassessment or targeted development measures.
- Group-level patterns trigger review of didactics, methodology, assessment and Learning Objects.
- Teaching videos are version-controlled; only affected content, translations and assessments are updated.

SPL-M508 - Master Thesis and Defence

Master Semester 4 - Advanced Study and Research Phase

Parameter	Specification	Parameter	Specification
Study phase	Master Semester 4	ECTS / workload	15 ECTS / 375 hours
Theory	11.25 ECTS / 281.25 hours	Practice / research	3.75 ECTS / 93.75 hours
Module status	Compulsory or profile-specific core module	Version	1.0 / As at 31 July 2026

Module Profile

Independent academic and didactic work with a documented practical component.

Teaching and Course Units

Course unit	ECTS	Weight
Research question and theoretical framework	3.75	25%
Methodology, data basis and academic implementation	3.75	25%
Analysis, validation and discussion of results	3.75	25%
Written master thesis, publication and defence	3.75	25%

Learning Outcomes

- Explain the core concepts, models and relationships of the module "Master Thesis and Defence" accurately and in appropriate academic language.
- Analyse and apply research question and theoretical framework and methodology, data basis and academic implementation in a structured manner.
- Transfer analysis, validation and discussion of results to movement-, teaching-, health- or research-related situations.
- Justify results in written, oral and practical or project-based formats.
- Identify and document sources of error, limitations, safety considerations and quality requirements.

Teaching, Learning and Student-Support Methods

Teaching videos and digital Learning Objects; seminars and tutorials; exercises, case studies or movement analysis; guided practice or project work; independent study; formative feedback and targeted development pathways.

Assessment and Grading

Performance component	Weight	Typical evidence
Written	33.33%	Written examination, paper, research report, portfolio or academic documentation
Oral	33.33%	Oral examination, presentation, colloquium, teaching demonstration or defence
Practical / research-related	33.33%	Demonstration, video analysis, project, simulation, data analysis or methodological implementation

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